

# ◊ *Into the Light* ◊

Volume 21 Issue 7 Autism Society , Central Virginia July 2013

## 5K RUN/WALK FOR AUTISM WRAP-UP



Our 11th Annual 5K Run/Walk for Autism was a roaring success! We couldn't have asked for a prettier day for our major fundraiser of the year. We had over 1700 participants and it looks like we will raise over \$70,000!!!

Awards were given for:

- Best Team T-shirt: Ninjalex
- Highest Individual Fundraiser: Jennifer Barnum
- Highest Team Fundraiser: Team BFF
- Don Mayfield Spirit Award: Team BFF!
- Largest Team Award: Movin' for Michael (with almost 200 members!)

Thanks to Amie McLain from WRIC 8 and John McLeod from Mainline Radio for helping us judge.

First place runner for men was Brian Welch and for women was Lisa Hainstock. Complete results can be found here: <http://www.rrrc.org/page/rrrc-race-results>

None of this would have been possible without our amazing volunteer 5K Chair Donna Sabel and committee members Karen Singleton and Katherine Gray. Hats off to you, ladies!!

## Mission & Philosophy

The Autism Society, the nation's leading grassroots autism organization, exists to improve the lives of all affected by autism. We do this by increasing public awareness about the day-to-day issues faced by people on the spectrum, advocating for appropriate services for individuals across the lifespan, and providing the latest information regarding treatment, education, research and advocacy.

### 2012-2013 OFFICERS AND BOARD:

**President:** Bill Thompson

**Treasurer:** Adam Bailey, CPA

**Meeting Secretary:** Katherine Gray, J.D.

**Corresponding Secretary:** Tim Jones

**Past President:** Sandi Wiley

**Board members:** Chele Brandon  
Dave Faulders, J.D.  
Norm Geller Ph.D.  
Nate Harry CPA  
Shannon Haworth  
Shawn Kirk  
Donna Sabel E. D.  
Monique Tinsley, MBA

### KEY VOLUNTEER POSITIONS:

**Newsletter Editor:** Elizabeth Selko

**Webmaster:** Anthony Wiley

### STAFF:

**Executive Director:** Bradford Hulcher

**Outreach Coordinator:** Tammy Burns

**Asperger's Interest Group Facilitator:** Brie King

**Child care Supervisor:** Deo Smith

## JULY 29 FREE WORKSHOP

### AGE 18: SOCIAL SECURITY DISABILITY DETERMINATION, APPLYING FOR SSI & SSDI AND UNDERSTANDING SSI WORK INCENTIVES

Steve Waldron, MSW, will explain Social Security benefit rules when a child turns age 18. Included is the adult definition of disability, how & when to apply for benefits, and how the application process works. It also provides an overview of work incentives which allow Social Security beneficiaries to work and keep their cash and health insurance benefits. He will also cover SSI Work Incentives.

Steve K. Waldron has a B.A. in History-Political Science from the University of Montana and a Master of Social Work from Virginia Commonwealth University. Currently he is head of the Social Security Solutions Division of Flying Raptor Consulting. For over a decade, he was the Senior Community Work Incentive Co-ordinator (CWIC) for the vaACCSES WIPA (Work Incentives & Planning Assistance) project.

Please register here:

<http://autismssi.eventbrite.com/>

This newsletter is a publication of: Autism Society, Central VA □ P.O. Box 29364 □ Richmond, Virginia 23242-0364 (804) 257-0192

We accept for consideration any comments, personal vignettes, book reviews, information, announcements or advertisements for publication in our newsletter. The deadline for submission for the August newsletter is July 15. You may send your contributions to the above address or email contributions to SELKO1@aol.com.

The Autism Society, Central Virginia does not endorse nor promote any program or service provider. The information contained in this newsletter is provided for informational purposes only. The Society is a 501(c)3 organization providing information, support and encouragement to individuals with autism, their families and professionals in the Central VA area.

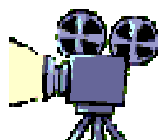
This edition was edited by Elizabeth Selko and Bradford Hulcher.

## CHANGES TO MEDICAID WAIVER RESPITE

Medicaid Waiver respite supports have changed in the past couple of years-

- The annual amount of allowable respite hours was reduced from 720 hours to 480 hours (Tech Waiver limits respite is 360 hours)
- The annual 480 hours begin on July 1 and end June 30
- **Respite is no longer approved/authorized for open ended periods of time.**

For many people, but not all, respite expires June 30, 2013. This mostly affects people who have been receiving respite for a couple of years or more. You should have received a notice from DMAS back when your last respite was authorized and that notice will have an end date for services. If you continue to need respite after June 30 and you do not have a copy of your DMAS notice with an end date for respite you can verify that your respite will continue. People who use DD, ID or Tech Waiver respite can contact their case manager or support coordinator to verify that their respite will continue and the date the service will expire. People who use EDWD Waiver respite can verify this with their services facilitator or respite agency.



### JULY AUTISM AT THE MOVIES *THE STORY OF LUKE*

Join us at 7 p.m. on July 25 for a free screening of the recently released film, *The Story of Luke*, a comedy about Luke, a young man with autism who is on a quest for a job and a girlfriend. Starring Lou Taylor Pucci, Seth Green, Cary Elwes and Kristin Bauer.

**The movie is unrated but because of the adult subject matter, we suggest it be seen by mature middle schoolers or older. This is up to the discretion of families. We have not screened the movie.**

We will provide free snacks for the showing.

The screening will take place at River Road UMC, 8800 River Road, Richmond 23229. Please register here: <http://autismmovie.eventbrite.com/>

## NEW Update on Individual and Family Support Program

Funding for the Individual and Family Support Program (IFSP) for fiscal year ending June 30, 2013 has been exhausted. **New funding will be available by late summer or early fall.**

**With the new funding cycle, a new online application will be rolled out. Applications will be taken online or by mail; faxed applications will no longer be accepted.**

Individual and Family Support Program funds may be provided to individuals or family members in varying amounts, as requested and approved by DBHDS, up to the established annual maximum individual financial support limit per fiscal year. **The fiscal year 2014 (i.e., through 6/30/14) limit is \$3,000.**

The application can be found here:  
<http://www.dbhds.virginia.gov/ODS-default.htm>

The IFSP is designed to assist individuals with intellectual or developmental disabilities on the waiting list for the ID or DD Waiver (and their families) to access short-term person/family-centered resources, supports, and services.

## CHECK OUT NEW FEATURES ON OUR WEBSITE [WWW.ASCV.ORG](http://WWW.ASCV.ORG)

You've asked and now you can - join or renew your membership online!

Also new to the website is a "Volunteer" tab where you can check out all the great volunteer opportunities available.

Don't miss the recent Channel 8 interview with board member Chele Brandon and her three kids on the spectrum. Visit our home page to check it out!

Thanks to our volunteer webmaster Anthony Wiley for incorporating these new features!

## RECORD SETTING FUNDRAISING BY INDIVIDUALS AT 2013 5K RUN/WALK FOR AUTISM!!

### Our Top 5 Fundraisers

Jennifer Barnum	7,957
Ali Dilshad	\$7,609
Waverly bamman	\$5,715
Holly Aldridge	\$5,050
Jennifer Bittner	\$3,050

### Raising Over \$2,000

Anne McCray  
Kathryn Fletcher  
Christine Morlino

### Raising Over \$1,000

Elizabeth Allums  
Jane West  
Sam Hulcher  
Rita Wynne  
Don Miller

Holly Jenkins  
Bill Thompson  
Meredith Carrington  
Donna Sabel  
Wendy Holland

### Raising Over \$500

Greta Selden  
Tammy Burns  
Jenny Gray Walsh  
Heather Hannon  
Kate Gibson  
Rob Comia

Kimberly Zimmerman  
Kate Flinn  
Karen Singleton  
Jared Breeden  
Kelly Smith

## **5K RUN SPONSORS ROCK!!**

A big shout out to our 2013 5K Run sponsors!! Please take the opportunity to thank or frequent the businesses of our amazing partners!

### **Platinum Sponsor**

Hampton Park Men's Club

### **Silver Sponsors**

Chippenham Pediatrics  
Spectrum Transformation Group

### **Bronze Sponsors**

Adans, Jenkins, and Cheatam  
Dominion  
Grafton Integrated health Network  
South River Compounding Pharmacy

Health Diagnostic Laboratory Inc.  
Neurosurgical Associates, PC  
Weinstein Properties  
Main Street Realty

### **Patron of Autism**

Erie Insurance  
Land Rover Richmond

### **Friends of Autism**

Commonwealth Autism Service  
Cowan Gates  
Diamond Springs  
Drs. Wood, Dunlevy & Lombardozi

Fareva  
Midlothian Athletic Club  
Richmond Road Runners  
St. Joseph's Villa

Faison School for Autism

## AUTISM SOCIETY JULY CALENDAR

The Autism Society, Central VA will sponsor the following meetings in July. All meetings take place at River Rd. UMC, 8800 River Rd, Henrico, unless otherwise specified. For information: 257-0192 or asacv@aol.com

- |      |           |  |
|------|-----------|--|
| 7/20 | 1:00 p.m. | <b>Inclusive Lego Club</b> for children of all abilities in grades K - 8; details & RSVP @ <a href="http://julylego.eventbrite.com/">http://julylego.eventbrite.com/</a>   |
| 7/25 | 7:00 p.m. | <b>Autism at the Movies</b> join us for a free showing of <i>The Story of Luke</i> details & RSVP @ <a href="http://autismmovie.eventbrite.com/">http://autismmovie.eventbrite.com/</a>  |
| 7/29 | 7:00 p.m. | <b>Free Workshop: Age 18: Social Security Disability Determination, Applying For SSI &amp; SSDI &amp; Understanding SSI Work Incentives</b> RSVP here: <a href="http://autismssi.eventbrite.com/">http://autismssi.eventbrite.com/</a> |
| 7/29 | 7:00 p.m. | <b>Adults with Asperger's/HFA Interest Group</b> (open only to adults w/ Asperger's/HFA)   |

## NEWS FROM THE AUTISM SOCIETY, CENTRAL VA BOARD

The Board of the Autism Society is spending the summer developing a strategic plan with the facilitation of a professional consultant. During the months of June and July, the Board will meet for 5 times to develop a vision and strategies to fulfill our mission to improve the lives of all affected by autism. Board Committees will be meeting across the summer to work on budgets and funding for over 20 programs we currently sponsor for our community.

The Autism Society Central VA worked to fulfill our mission to "improve the lives of all affected by autism" in June in the following ways:

### Education

- Sponsored a workshop on Employment Services and Supports for Individuals with Autism
- Presented at the "I'm Determined Youth Summit"

### Services and Supports

- Sponsored an Inclusive Lego Club
- Sponsored bowling leagues for elementary school students with ASD and middle and high school students with ASD
- Sponsored a Sensory Friendly Movie Night
- Sponsored an Interest Group for Adults with Asperger's

### Advocacy

- Participated at The Advisory Consortium on Intellectual and Developmental Disabilities (TACIDD)

## Community Events/ Meetings of Interest

July 2 **Special Needs Jump** at Jumpology 5 p - 7 p; fee and reservations required; all ages; <http://www.jumpology.us/>

July 13 **Buddy Break** a free respite care program for children with special needs ages 3-21 and their siblings ages 3-11; 10 a. - 1 p.; sponsored by Trinity Lutheran Church, 2315 N. Parham Rd., ; RSVP to 804-270-4626

July 16 **Richmond/Northern Chesterfield Asperger's Meetup** @ Positive Vibe Cafe, 6:30- 8:30; RSVP at <http://www.meetup.com/aspergers-397/>

July 16 **Monkey Joe's Special Needs Night** from 5 p.m. to 7 p.m.; kids ages 2 - 12 w/ special needs free; closed to the public; siblings welcome \$5; 11304 Midlothian TnPk, Richmond; 897-5867

July 18 **Asperger's Support Meeting** meets 6:30 p.m. at Midlothian YMCA; 804-908-7246 or [RobinDavis@RichmondAutism.Org](mailto:RobinDavis@RichmondAutism.Org)

July 18 **A Journey of Rest and Restoration**; a monthly Christian-based support group designed for couples/caregivers of children with any special needs; 7 to 8:30 p.m.; Mechanicsville Christian Center; free childcare; pre-registration required; contact [bfrank.ResourceConnectioninc@gmail.com](mailto:bfrank.ResourceConnectioninc@gmail.com)

## Conferences, Workshops, and Webcasts

July 24-27 **Creating Connections to Shining Stars: Virginia's Collaborative Early Childhood Birth through Five Conference 2013** focus on promoting and supporting the implementation of evidence based practices in inclusive settings for young children, both with and without disabilities; VA Beach; fee; [www.cvent.com/d/8cqrcb](http://www.cvent.com/d/8cqrcb)

Aug. 8 - 10 **Arc of VA State Convention** keynote presentations and breakout sessions on a range of topics covering Public Policy Advocacy, Accessing Community-Based Supports and Services, Best-Practices, Self-Advocacy and more; fee; Richmond; for info: <http://www.thearcofva.org>

Aug. 13 **Transition Planning for Students with ASD in**

**Public Schools** free webcast from VCU Autism Center for Excellence; register here:

<http://www.vcuautismcenter.org/training/webcasts/upcoming.cfm>

Sept. 20 **Temple Grandin/Jed Baker Conference** sponsored by Future Horizons; fee; for info:

<http://fhautism.com/attend-a-conference/virginia-sept-20/>

Oct. 18/19 **Insight 2013** Speaker Peter Gerhardt, Ed.D. will present sessions youth with autism and transition and sexuality; sponsored by the Autism Society, VCU ACE, and VCU TTAC; registration info coming soon

Nov. 16 **Life in the Community Conference and Resource Fair** keynote: "Belonging" with David Pitonyak, Ph.D.; additional sessions on Transition, Guardianship, Behavior, and Social Security; sponsored by the Autism Society, Down Syndrome Association of Greater Richmond, and Hanover Arc; registration info coming soon

For additional information on autism conferences and workshops in VA, visit [www.autismtrainingva.org](http://www.autismtrainingva.org)

## Thank You For The Following Donations

Patricia Smith  
Brandon Cox  
Brendan Moran  
Keith & Glenda McEachern  
Jesselle Christenson  
Direct Mail Solutions  
Dwight Dillon  
Bill and Betty Thompson  
Poise N' Ivy Motorcycle Ride  
Brendan Moran

Linda Bourdon, Ed.D. in lieu of wedding gifts

Daisy Scout Troop \$5166 in honor of Brennan Branch and Family

## Thank You to the Following Volunteers

### Bowling

Sean McBride  
Nicole Carminucci  
Ali Trani  
Lexi Carden  
Colette Currie  
William Cloutier  
Jan Pagunsan  
June Wilkinson  
Callin Diberto

### Lego

Sara Wise  
J.P. Olivier  
Sandi Wiley

### Picnic

Sam Hulcher  
Brett Burns  
Kendall Stuckey  
Rebecca Gill  
Emma Mason  
Nancy Andelin  
Crystal Moore  
Matthew Goerhord  
Kitty Gray  
Kelly Domaleski  
Shawn Kirk

Monthly Meeting  
Kimberlee Stratton

### **Directions to ASCV meetings River Road United Methodist Church**

#### From the East:

-64 West to Exit 181 Parham Road South  
\*Drive 2 miles till you reach a traffic light for River Road. Be in the left hand land and turn left onto the on ramp. At the stop sign turn right on to River Road  
\*\*Go approximately .2 miles and the church will be on your right.  
Turn right onto Doverland Road. Turn right into the church parking lot. To the back left of the church is a door that says "office". Go into this door and meetings are held inside at the first door on your right.

#### From the West:

I-64 east to Exit 181 Parham Road South.  
Follow all directions that are written above for coming from the east. \*

#### From the North:

I-95 South to I64 west then follow the same directions as written above under the East.\*

#### From the South:

I-95 North to 1150 Chippenham Parkway North. Go over the Willey Bridge crossing the James River. At the first light turn right on to the on ramp for River Road. At the stop sign turn right on to River Road. Follow directions above at the \*\*

### **Would You Like To Place An Ad in "Into The Light" ?**

Our newsletter reaches over 500 families, professionals and educators on a monthly basis. If you would like to place an advertisement, please email it to [asacv.org](mailto:asacv.org) or mail it to the Chapter at P.O. Box 29364, Richmond, VA 23242-0364. Call the Chapter if you have any questions. Deadline for entry is the 15th of each month.

#### Ad Rates:

- \$25.00 1/8 Page
- \$50.00 1/4 Page
- \$75.00 1/2 Page
- \$100.00 Full Page

Discounts/Non Profits/Long Term Ads (3 months or longer) may have negotiated rates with board approval.

The board reserves the right to refuse to place an advertisement



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