

## Autism Book List

Here is a list of just some of the great autism awareness books that are available.

### K - 1st

**Susan Laughs**

by Jeanne Willis

Susan is a girl in a wheelchair, though we don't see that until the last page. The book goes through all the things that Susan can do. She laughs, sings, paints, etc.

**It's Okay To Be Different**

by Todd Parr

Each page describes the different ways people and animals can be different from each other.

**Some Monsters are Different**

by David Milgrim

The story uses monsters to describe several ways they can be unique. It offers an opportunity to discuss different communication, preferences, strengths, physical attributes, etc.

**Taking Autism to School**

By Andreanna Edwards

The story describes what life is like for a child with autism.

**Tobin Learns to Make Friends**

By Diane Murrell

Tobin is a lonely red engine who has trouble making friends. But with some help, he finds that he is surrounded by friends who truly enjoy working and playing with him.

**Little Rainman: Autism-Through the Eyes of a Child**

By Karen Simmons

This children's book paints a picture of what life is like for children with autism through unique illustrations that accompany a child's voice as he explains the different ways he thinks, sees, hears, and feels.

**Understanding Autism for Dummies**

By Stephen Shore

This book provides help-and hope-by explaining the differences between various types of autism and delivering the lowdown on behavioral, educational, medical, other interventions.

**Joey and Sam**

By Illana Katz

Story about the bond between two brothers, one with autism

**My Brother Sammy is Special**  
**By Becky Edwards**

Illustrated story that portrays being a sibling of an individual with autism

## 1st - 5th

**The Autism Acceptance Book**  
(there is also a teachers' guide)  
by Ellen Sabin

The Autism Acceptance Book teaches children about autism, further develops their understanding for the people around them and encourages them to embrace people's differences with respect, compassion and kindness.

**In My Mind: The World through the Eyes of Autism**  
by Adonya Wong

From the perspective of a child with autism, this book describes how Adonya experiences things in her world.

**Ian's Walk**  
by Laurie Lears and Albert Whitman

Written from the perspective of a sister of someone with autism. (Sibling Story)

**Since We're Friends**  
by Celeste Shally

A book about two boys: one has autism, the other does not. The story of their friendship provides practical examples of how to make such a unique relationship work.

**Russell is Extra Special: A Book About Autism for Children**  
by Charles A. Amenta III., M.D.

A third-person photo-essay about an autistic child.

**My Friend with Autism**  
by Beverly Bishop

A peer narrator explains that his friend with autism is good at some things and not so good at others—just like everyone else!

**Looking After Louis**  
by Lesley Ely & Pollu Dunbar

A young girl sits next to a boy named Louis at school. Louis has autism, but through imagination, kindness, and a special game of soccer, his classmates find a way to join him in his world. Then they can include Louis in theirs.

### **Andy and His Yellow Frisbee**

by Mary Thompson

An illustrated children's book about Andy, a boy with autism. Rosie, the watchful and protective sister, supplies background on Andy and autism, as well as a sibling's perspective.

### **Please Don't Say Hello**

by Phyllis-Terri Gold

With the support and love of his family, and through them the neighborhood children, a nine-year-old autistic boy is able to emerge from his shell.

### **Trevor Trevor**

by Diane Twachtman-Cullen

Story of a primary school aged child whose problems with social relationships suggest a form of autism.

### **Adam's Alternative Sports Day: An Asperger Story**

by Jude Welton

Nine year old boy with autism, Adam, competes in a sports day with different challenges

### **Of Mice and Aliens: An Asperger Adventure**

by Kathy Hoopmann

Science fiction novel for siblings of individuals with autism

## **4th - 8th**

### **Rules**

by Cynthia Lord

Written from the perspective of David's 12-year-old sister.

(Sibling Story)

### **Everybody is Different: A Book for Young People Who Have Brothers or Sisters with Autism**

by Fiona Bleach

This book gives answers to the many questions brothers and sisters of young people on the autism spectrum have about their siblings.

### **My Best Friend Will**

by Jamie Lowell & Tata Tuel

A black-and-white photo journal that chronicles the relationship between 11-year-old neurotypical Jamie and her friend Willie who has autism.

### **Captain Tommy**

By Abby Ward Messner

A story about a young boy, Tommy, who goes to "space camp" and his interactions with other campers

**How the Girl Who Loved Cows Embraced Autism and Changed the World**  
by Temple Grandin

Temple Grandin's story about her success in life and experience with autism.

**What's Up With Nick?**

From the Organization for Autism Research

A story about Nick, a new kid in school with autism. This accordion booklet includes sections "Meeting a Kid with Autism", "Hanging Out With Kids That Have Autism", "Things to Remember About Autism" and more!

**How to Talk to an Autistic Kid**

by Daniel Stefanski (a child with autism)

Kids with autism have a hard time communicating, which can be frustrating for them and for their peers. In this intimate yet practical book, author Daniel Stefanski, a 14-year-old boy with autism, helps readers understand why kids with autism act the way they do and offers specific suggestions on how to get along with them.

Written by a kid with autism for non-autistic kids, it provides personal stories, knowledgeable explanations and supportive advice—all in Daniel's unique and charming voice and accompanied by lively illustrations.

**A Is for Autism, F Is for Friend**

by Joanna L. Keating-Velasco

An inside look at the life of Chelsea, a young girl who has severe autism.

**In His Shoes, A Short Journey Through Autism**

By Joanna Keating-Velasco

As readers join Nick during his transition from elementary to middle school, they share his challenges and celebrate his successes both at home and at school.

**Anything But Typical**

By Nora Raleigh Baskin

Depiction of a 12 year old boy with autism's struggles of fitting in.

**I Have Autism...What's That?**

By Kate Doherty

Written from the perspective of a child with autism

## **Middle/High School**

**The Reason I Jump**

by Naoki Higashida

The inner voice of a 13-year-old boy with autism.

**Al Capone Does My Shirts**  
by Gennifer Choldenko

From the perspective of the brother of a girl with autism.  
Set in 1935. (Sibling Story)

**My Strange and Terrible Malady**  
by Catherine Bristow

Ronita Ronnie Baker, 11th-grade individualist, with Asperger Syndrome. With the help of a friend and her new life coach, Ronnie shows readers that successful social and emotional interaction can be learned.

## High School

**The Curious Incident of the Dog in the Night-Time**  
by Mark Haddon

Narrated from the perspective of a 15-year-old with autism.

**Mockingbird**  
by Kathryn Erskine

Narrated from the perspective of a girl with autism after her brother has died.

**Cowboy & Wills**  
by Monica Holloway

The story of how a boy with autism, his family and his pet dog get along.

**Freak, Geeks and Asperger Syndrome: A User Guide to Adolescence**  
By Luke Jackson

Luke, 13 year old boy with Asperger Syndrome, writes briefly about his younger autistic and AD/HD brothers, providing amusing insights into the antics of his younger years and advice for parents, caretakers and teachers of younger AS children.

**Asperger's and Self-Esteem: Insight and Hope through Famous Role Models**  
By Norm Ledgin

Learn more about twelve high-achieving role models who have made significant contributions to our world.

**Look Me in the Eye: My Life with Asperger's**  
By John Elder Robison

One man's autobiography of living with Asperger's

**Thinking in Pictures**  
By Temple Grandin

One woman's autobiography of living with Asperger's

Nerdy, Shy, and Socially Inappropriate: A User Guide to an Asperger Life

By Cynthia Kim

One woman's thoughts of childhood after being diagnosed with Asperger Syndrome as an adult