

Autism Book List

Here is a list of just some of the great autism awareness books that are available.

K - 1st

Susan Laughs

by Jeanne Willis

Susan is a girl in a wheelchair, though we don't see that until the last page. The book goes through all the things that Susan can do. She laughs, sings, paints, etc.

It's Okay To Be Different

by Todd Parr

Each page describes the different ways people and animals can be different from each other.

Some Monsters are Different

by David Milgrim

The story uses monsters to describe several ways they can be unique. It offers an opportunity to discuss different communication, preferences, strengths, physical attributes, etc.

Taking Autism to School

By Andreanna Edwards

The story describes what life is like for a child with autism.

Tobin Learns to Make Friends

By Diane Murrell

Tobin is a lonely red engine who has trouble making friends. But with some help, he finds that he is surrounded by friends who truly enjoy working and playing with him.

Little Rainman: Autism-Through the Eyes of a Child

By Karen Simmons

This children's book paints a picture of what life is like for children with autism through unique illustrations that accompany a child's voice as he explains the different ways he thinks, sees, hears, and feels.

Understanding Autism for Dummies

By Stephen Shore

This book provides help-and hope-by explaining the differences between various types of autism and delivering the lowdown on behavioral, educational, medical, other interventions.

Joey and Sam

By Illana Katz

Story about the bond between two brothers, one with autism

My Brother Sammy is Special
By Becky Edwards

Illustrated story that portrays being a sibling of an individual with autism

1st - 5th

The Autism Acceptance Book
(there is also a teachers' guide)
by Ellen Sabin

The Autism Acceptance Book teaches children about autism, further develops their understanding for the people around them and encourages them to embrace people's differences with respect, compassion and kindness.

In My Mind: The World through the Eyes of Autism
by Adonya Wong

From the perspective of a child with autism, this book describes how Adonya experiences things in her world.

Ian's Walk
by Laurie Lears and Albert Whitman

Written from the perspective of a sister of someone with autism. (Sibling Story)

Since We're Friends
by Celeste Shally

A book about two boys: one has autism, the other does not. The story of their friendship provides practical examples of how to make such a unique relationship work.

Russell is Extra Special: A Book About Autism for Children
by Charles A. Amenta III., M.D.

A third-person photo-essay about an autistic child.

My Friend with Autism
by Beverly Bishop

A peer narrator explains that his friend with autism is good at some things and not so good at others—just like everyone else!

Looking After Louis
by Lesley Ely & Pollu Dunbar

A young girl sits next to a boy named Louis at school. Louis has autism, but through imagination, kindness, and a special game of soccer, his classmates find a way to join him in his world. Then they can include Louis in theirs.

Andy and His Yellow Frisbee

by Mary Thompson

An illustrated children's book about Andy, a boy with autism. Rosie, the watchful and protective sister, supplies background on Andy and autism, as well as a sibling's perspective.

Please Don't Say Hello

by Phyllis-Terri Gold

With the support and love of his family, and through them the neighborhood children, a nine-year-old autistic boy is able to emerge from his shell.

Trevor Trevor

by Diane Twachtman-Cullen

Story of a primary school aged child whose problems with social relationships suggest a form of autism.

Adam's Alternative Sports Day: An Asperger Story

by Jude Welton

Nine year old boy with autism, Adam, competes in a sports day with different challenges

Of Mice and Aliens: An Asperger Adventure

by Kathy Hoopmann

Science fiction novel for siblings of individuals with autism

4th - 8th

Rules

by Cynthia Lord

Written from the perspective of David's 12-year-old sister.

(Sibling Story)

Everybody is Different: A Book for Young People Who Have Brothers or Sisters with Autism

by Fiona Bleach

This book gives answers to the many questions brothers and sisters of young people on the autism spectrum have about their siblings.

My Best Friend Will

by Jamie Lowell & Tata Tuel

A black-and-white photo journal that chronicles the relationship between 11-year-old neurotypical Jamie and her friend Willie who has autism.

Captain Tommy

By Abby Ward Messner

A story about a young boy, Tommy, who goes to "space camp" and his interactions with other campers

How the Girl Who Loved Cows Embraced Autism and Changed the World
by Temple Grandin

Temple Grandin's story about her success in life and experience with autism.

What's Up With Nick?

From the Organization for Autism Research

A story about Nick, a new kid in school with autism. This accordion booklet includes sections "Meeting a Kid with Autism", "Hanging Out With Kids That Have Autism", "Things to Remember About Autism" and more!

How to Talk to an Autistic Kid

by Daniel Stefanski (a child with autism)

Kids with autism have a hard time communicating, which can be frustrating for them and for their peers. In this intimate yet practical book, author Daniel Stefanski, a 14-year-old boy with autism, helps readers understand why kids with autism act the way they do and offers specific suggestions on how to get along with them.

Written by a kid with autism for non-autistic kids, it provides personal stories, knowledgeable explanations and supportive advice—all in Daniel's unique and charming voice and accompanied by lively illustrations.

A Is for Autism, F Is for Friend

by Joanna L. Keating-Velasco

An inside look at the life of Chelsea, a young girl who has severe autism.

In His Shoes, A Short Journey Through Autism

By Joanna Keating-Velasco

As readers join Nick during his transition from elementary to middle school, they share his challenges and celebrate his successes both at home and at school.

Anything But Typical

By Nora Raleigh Baskin

Depiction of a 12 year old boy with autism's struggles of fitting in.

I Have Autism...What's That?

By Kate Doherty

Written from the perspective of a child with autism

Middle/High School

The Reason I Jump

by Naoki Higashida

The inner voice of a 13-year-old boy with autism.

Al Capone Does My Shirts
by Gennifer Choldenko

From the perspective of the brother of a girl with autism.
Set in 1935. (Sibling Story)

My Strange and Terrible Malady
by Catherine Bristow

Ronita Ronnie Baker, 11th-grade individualist, with Asperger Syndrome. With the help of a friend and her new life coach, Ronnie shows readers that successful social and emotional interaction can be learned.

High School

The Curious Incident of the Dog in the Night-Time
by Mark Haddon

Narrated from the perspective of a 15-year-old with autism.

Mockingbird
by Kathryn Erskine

Narrated from the perspective of a girl with autism after her brother has died.

Cowboy & Wills
by Monica Holloway

The story of how a boy with autism, his family and his pet dog get along.

Freak, Geeks and Asperger Syndrome: A User Guide to Adolescence
By Luke Jackson

Luke, 13 year old boy with Asperger Syndrome, writes briefly about his younger autistic and AD/HD brothers, providing amusing insights into the antics of his younger years and advice for parents, caretakers and teachers of younger AS children.

Asperger's and Self-Esteem: Insight and Hope through Famous Role Models
By Norm Ledgin

Learn more about twelve high-achieving role models who have made significant contributions to our world.

Look Me in the Eye: My Life with Asperger's
By John Elder Robison

One man's autobiography of living with Asperger's

Thinking in Pictures
By Temple Grandin

One woman's autobiography of living with Asperger's

Nerdy, Shy, and Socially Inappropriate: A User Guide to an Asperger Life

By Cynthia Kim

One woman's thoughts of childhood after being diagnosed with Asperger Syndrome as an adult