



### IDEAS FOR RAISING AUTISM AWARENESS IN YOUR SCHOOL

Here is a list of activities your school can do to raise awareness and acceptance of Autism Spectrum Disorder.

# Help us raise awareness and financial support for your local affiliate of the Autism Society:

- Be a **TEAM CAPTAIN** at **16**<sup>th</sup> **Annual 5K Run/Walk for Autism** on May 26<sup>th</sup>, <u>http://ascv.org/ascv-5k/</u> for more information);
- Create PENNIES FOR AUTISM jars and have the students bring in their spare pennies;
- Hold a PAJAMA DAY for AUTISM where each student pays \$1 to wear pajamas;
- Hold a **HAT DAY FOR AUTISM** where teachers/students pay \$1 to wear a hat at school.

### Post facts about autism on large puzzle pieces around the school:

- 1 in 68 kids have autism
- More boys than girls are born with autism (1 in 42 boys)
- Autism is a disability that makes it hard to talk to other kids
- Having autism makes it hard to know how to play with other kids
- Something like lights and noises bother some kids with autism more than they might bother you
- Everyone is different, being different is not a bad thing, we are all different
- Kids with autism look just like you and I do
- Kids with autism like to have friends they just may not know how to make them as easy as you do
- Kids with autism have feelings just like you and I do

# Post things that kids can do on large puzzle pieces around the school:

- Learn about kids with autism
- Talk to your parents about autism
- Say hi to kids with autism
- Be a good role model and defend them against bullies
- Invite a friend with autism to play or to your birthday party

#### Ask the School Library to set books about Autism out on display through April

٠	Taking Autism to School	Andy and His Yellow Frisbee
•	Trevor Trevor	Ian's Walk: A Story About Autism
•	A is for Autism	Joey and Sam
•	I have autismwhat's that?	My Brother Sammy
٠	Adam's Alternative Sports Day: An Asperger Story	Please Don't Say Hello
•	Of Mice and Aliens	Looking Out My Window

**Put on the Puzzle!** The Autism Awareness Puzzle Ribbon is the most recognized symbol of the autism community in the world. Wear and/or display the autism ribbon this April. Don't' have a ribbon? Contact us, <u>info@ascv.org</u> for info on where to purchase one online.