



What to expect at the RVA Duck Race & Festival of Inclusion



I am going to the Duck Race and Festival of Inclusion. When I see a big island with tents and people, I will know I am in the right place.



First, I will arrive at Brown's Island. Brown's Island is surrounded by water, so I will cross over a bridge. Before I can enter the island, if I have a bag with me, people in yellow shirts that say RMC Events will have to look inside. They are here to make sure no unsafe items get into the festival.









The island will have lots of people, tents with different activities, food trucks, and a stage. Some parts are noisy, and that's okay. There will be sensory guides for most of the booths, so if the guide shows that the booth is loud and I do not like loud noises, I can visit a different booth.

Sometimes there will be lines throughout the festival. I can take deep breaths and wait patiently with a grown up. If it is too loud, I can walk to the quiet area for a break or wear headphones.





The Festival will be split into zones: the expression zone, exploration zone, movement zone, connection zone, creation zone, and the quiet zone. Each zone has fun and exciting things for me to do and learn about!

Festival of Inclusion Zones





















Jump, wiggle and run in The MOVEMENT ZONE! Take time to stretch, visit tortoises, play hockey, and more!







Movement Zone





The CREATION ZONE will have face painting, temporary tattoos, space to make arts and crafts, make sensory bottles, and take funny photos.







Creation Zone





The EXPRESSION ZONE will offer a selfie station, temporary tattoos, face painting, and the chance to test my singing skills at Karaoke!







Expression Zone





Enjoy pretend fishing, live butterflies, exploring a car wash, tractor rides, and more in the EXPLORATION ZONE!









The CONNECTION ZONE will have police officers, police cars, Rodney the Ram, marble runs, and giveaways!









Connection Zone







SENSORY ZONES

are throughout the festival and offer activities for me to touch and explore. I can come to hang out, relax, and have fun!

The QUIET ZONE

is a nice space at the edge of the festival to go if I need a quiet space to sit, relax, and listen to the water running through the canal without so many people or noise.





Things to bring:

- Sunscreen
- Sunglasses
- Hat
- Umbrella or Raincoat
- Headphones or something to help reduce loud background noise
- Change of clothes for the car (lots of opportunities to explore!)

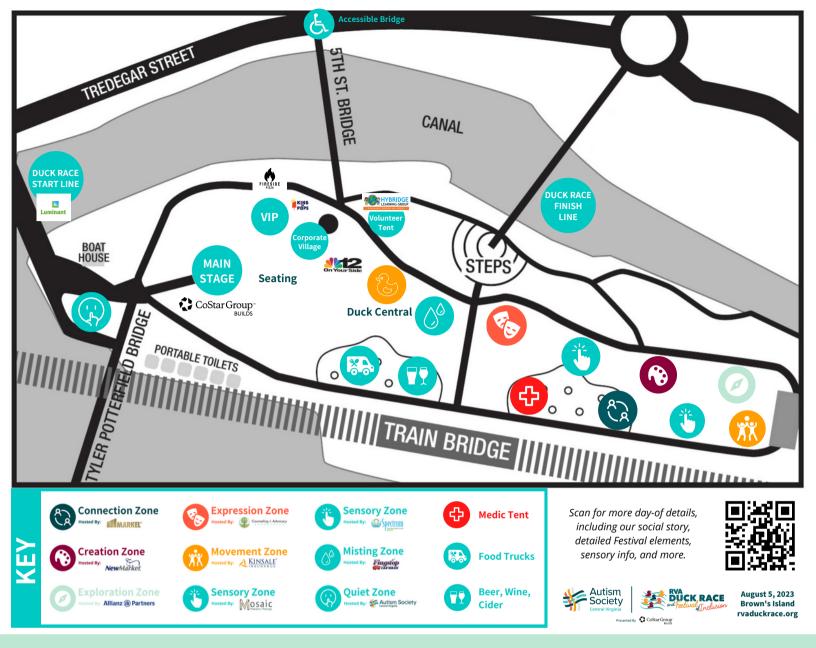


At 3:00, there will be 17,000 rubber ducks dropped from a container hanging on a crane, and they will race down the canal. The first 12 across the finish line will win prizes, which will be announced at 3:45.









Things to remember:

- The closer I am to the stage, the louder the music will be. If I don't like loud noises, I can walk away from the stage, towards the Festival of Inclusion, or toward the Quiet Zone. I can take a break in a sensory zone or the quiet zone.
- There will be food trucks at the festival if I get hungry. There will be tables and chairs to sit at right beside them if I would like a place to sit.
- The bathrooms (port-o-lets) are right next to the food area. If I need help finding one, I can ask an adult.

There will be programs available at the Festival of Inclusion



Schedule

Festival Highlights:

11:00 AM Festival Begins

3:00 PM RVA Duck Race Begins **3:45 PM** Winners Announced

4:00 PM Festival Ends



Food Trucks

Boka Tako, Momma's BBQ, Bikini Panini, Kona Ice, and Gelati Celesti

Main Stage Performances

11:00 AM Welcome Program with NBC12

11:10 AM Performance by FAME-Midlo Legacy

11:25 AM Performance by Richmond Urban Dance

11:40 AM Indira & Guppy Jo

12:20 PM Welcome Program with NBC12

12:30 PM Game with Kat Simons

12:40 PM Susan Greenbaum

1:40 PM Game with Kat Simons

1:50 PM Welcome Program with NBC12

2:05 PM Performance by FAME-Midlo Legacy

2:15 PM Performance by Richmond Urban Dance

2:30 PM Dance Party with DJ Captain Kirk

2:50 PM Countdown to the Duck Drop!

3:00 PM RVA Duck Race Begins

3:45 PM Winners are Announced



Beer, Wine, Cider

Sponsored by



Duck Central

Stop by Duck Central to
purchase your ducks
(while supplies last). Pick up or
purchase your souvenir ducks
and t-shirts, and if you purchased
25 duck entries, don't forget to
grab your Flagstop coupon for a
complimentary car wash!



Mosaic Interpreting Services will interpret our stage entertainment and offer floating interpretation during the Festival of Inclusion.