



Into the Light

SAVE THE DATES FOR ASCV FALL 2015 PROGRAMS!

Mark your calendars now for these upcoming workshops and conferences! Look for registration information soon at www.ascv.org!

September 11, 2015

Special Needs Planning and Resource Fair

This program will feature presentations on special needs trusts and pooled special needs trusts, as well as a resource fair featuring a variety of special needs planning providers. It will be free and open to the public, but pre-registration is requested.

October 2, 9, 16, & 23, 2015

IEP Boot Camp II

This ever popular workshop series, which empowers parents to understand and become effective partners in the I.E.P. process, will be back this fall. Attendance at all 4 sessions is required as each session builds upon previous sessions.

November 7, 2015

Life in the Community Conference and Resource Fair

This free conference, a collaboration between the ASCV, the Down Syndrome Association of Greater Richmond, and the Arc of Hanover, will take place on Saturday, November 7 at J Sargeant Reynolds Community College Parham Road Campus. The conference highlights opportunities in employment, housing, post-secondary education, and recreation for transition age youth and young adults with developmental disabilities. Dr. Paul Wehman, VCU Professor of Physical Medicine and Rehabilitation at Virginia Commonwealth University and an early pioneer of supported employment, will provide the keynote address.





Mission

To improve the lives of all affected by autism by maximizing the self-sufficiency, independence, and quality of life for all living with autism.

Vision

We are the local voice and resource of the autism community in education, advocacy, services, and support, committed to meaningful participation and self-determination in all aspects of life for individuals on the autism spectrum and their families.

Any age. Any stage.

Donate

Your gift will help support autism education, awareness, advocacy and most importantly, enable us to assist families and individuals living with autism in our community. You can help by making a donation today!

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Outreach Coordinator: Tammy Burns

Recreational Facilitator: Brie King

This newsletter is a publication of: Autism Society Central Virginia.
200 South 3rd Street
Richmond, Virginia 23219
(804) 257-0192

We accept for consideration any comments, personal vignettes, book reviews, information, announcements, or advertisements for publication in our newsletter. The deadline for submission for the July/August newsletter is June 12. You may send your contributions to the above address or email contributions to info@ascv.org.

The Autism Society Central Virginia does not endorse nor promote any program or service provider. The information contained in this newsletter is provided for informational purposes only. The Society is a 501(c)3 organization providing information, support, and encouragement to individuals with autism, their families, and professionals in the Central Virginia area.

This edition was edited by ASCV staff.



From Our Executive Director

As you read this newsletter, we will have just completed our 13th Annual 5K Run/Walk for Autism. Year after year, this event continues to be an opportunity for families and friends to come together to share awareness about autism and have fun, all the while raising funds for the Autism Society Central Virginia (ASCV). With over 900 individuals already registered, over 86 teams and hundreds of individuals raising money, and 150+ volunteers, the 5K continues to be the largest awareness and fundraising event of the year for the ASCV.

We are blessed to have some very dedicated people working diligently for months behind the scenes to make this event happen. A special thanks to the 5K Race Committee: Donna Sabel (Chair), Tammy Burns, Karen Singleton, Tim Hamnett, and Jessica Corbett (Echelon Events Management); and ALL who participated, raised money, donated, and supported our 2015 5K event in any way! It is amazing what we can accomplish when we all come together to make a difference in our community. I am so grateful for your continued dedication to the ASCV through this event! I look forward to sharing our team totals and award winners with you in the July/August Newsletter!



Volunteers are Vital to the ASCV!

Much of the work we do throughout the year is dependent on the support of volunteers. If you would ever like to volunteer to be on the 5K Race or Outreach Committee, or assist with our programs and conferences, please just let us know! We would love to have the help!

All the Best,

Becky

Becky Boswell, MBA
Executive Director
director@ascv.org



NEWS FROM THE AUTISM SOCIETY CENTRAL VIRGINIA BOARD

In May the Autism Society Central Virginia worked to fulfill our mission to "improve the lives of all affected by autism" in the following ways:

Services and Supports

- Sponsored a Sensory Friendly Movie in collaboration with the Byrd Theatre
- Sponsored Inclusive Lego and Game Clubs
- Sponsored Bowling Leagues for children, teens, and adults
- Sponsored Adults with Asperger's Interest Group
- Sponsored Parents of Adults with Asperger's Support Group
- Sponsored Asperger's Middle School Social Club
- Sponsored our Annual Member Picnic and Fun Day
- Sponsored Sibshops
- Sponsored Childcare for the ASCV Round Table meeting

Advocacy

- Participated on the DBHDS Community Engagement Work Group
- Participated in Hanover Special Education Advisory Committee Panel Discussion on Inclusion
- Participated on the Virginia Autism Council
- Participated in the 2015 Advocacy Symposium, co-sponsored by VDOE and PEATC

Education

- Sponsored an evening of Round Table Topics

Awareness

- Exhibited at the Greek Festival Exhibit
- Interviewed for WWBT Noon News
- Interviewed for CBS Morning Show
- Exhibited at Wine Down Wednesday at The Wine Loft
- Interviewed for Summit Radio Network
- Interviewed for Alpha Media Community Radio Show
- Participated in Deep Run Roadhouse Fundraiser Night

ASCV SUMMER FUN



Join us this summer at Katie and Friends Playground, an accessible playground in Chesterfield County located at Huguenot Park. We have scheduled two summer evenings, June 25th and August 6th, from 6pm- 7:30pm as a time for families to network with each other while children are playing. (Parents must stay onsite.)

You may also bring a picnic dinner for your family to enjoy while at the park!

You can register for the June 25th date here – <https://ascvplayground.eventbrite.com>

We hope your family will join us!

This June, the Autism Society Central VA will sponsor or participate in the following events. All events take place at River Road UMC, 8800 River Rd, Henrico, unless otherwise specified. For information: 257-0192 or info@ascv.org.

6/02	7 pm	ASCV Board Meeting , at our office on 200 South 3 rd Street, Richmond 23219
6/06	10 am	Inclusive Lego & Game Club – Chester , details and registration: http://legochesterjune.eventbrite.com
6/13	6:05 pm	Autism Society Night at the Richmond Flying Squirrels ; registration required – members check your email for Eventbrite invitation
6/14		Bowling Leagues for children, youth and adults w/ ASD; free for ASCV members; check your email for Eventbrite invitation
6/20	2 pm	Sensory Friendly Movie at the Byrd Theatre, Carytown
6/22	7 pm	Adults with Asperger's/HFA Interest Group (open only to adults with Asperger's/HFA)
6/22	7 pm	Parents of Adults with Asperger's Group
6/25	6 pm	Katie and Friends Playground Outing details and registration: http://ascvplayground.eventbrite.com
6/27	10 am	Inclusive Lego & Game Club – Downtown details and registration: https://legocityjune.eventbrite.com

**AUTISM
SOCIETY
CENTRAL
VIRGINIA**

**JUNE
CALENDAR**



Amazon has introduced a simple and automatic way for you to donate to the Autism Society Central Virginia every time you shop, and at no cost to you! Just shop at **smile.amazon.com**, the charity support side of Amazon.com, and designate the Autism Society of America Richmond, VA as your designated charitable organization, and Amazon will donate 0.5% of the purchase price to the ASCV.

If you have an existing Amazon account, all of your account settings are the same, you just shop through **smile.amazon.com** instead of Amazon.com. On your first visit to AmazonSmile, before you begin shopping, you will need to select a charitable organization to receive donations from eligible purchases. When you search charities – just search Autism Society Central Virginia and a percentage of your purchase will go directly to the ASCV and help support local individuals with autism and their families.

JUNE COMMUNITY OPPORTUNITIES

- 6/01 **Hanover County Special Education Advisory Committee** topic: *Annual Report to School Board*; meets 7 pm at Hanover County School Board Office, 200 Berkley Street, Ashland; open to the public; attendance encouraged
- 6/01 **Sky Zone Special Needs Sensory Night** <http://www.skyzone.com/richmond>
- 6/02 **Jumpology** special needs night; <http://www.jumpology.us/Calendar>
- 6/04 **Young Life Capernaum Hanover** faith based social group for middle/high school students with disabilities and peers; for info clint.dowda@gmail.com
- 6/05 **Special Night for Special Needs** at Children's Museum Chesterfield; 5:30 pm, for info: <http://www.c-mor.org/events/special-nights>
- 6/06 **Game on Aspergers** from 2-4 pm at the Clover Hill Public Library (small meeting room), 6701 Deer Run Drive, Midlothian. Adults 18 and older with Asperger's have fun playing games and hanging out. Free. Info: 804-335-6634 or willkir77@gmail.com
- 6/10 **Chesterfield County Special Education Advisory Committee** topic: *Annual Report to School Board*; meets at 5 pm at the Career and Technical Center, 13900 Hull Street Road, room 256; open to the public
- 6/11 **Richmond Asperger's Meet-Up** <http://www.meetup.com/aspergers-397/>
- 6/16 **West End/ Northern Chesterfield Asperger's Meet-Up**
<http://www.meetup.com/aspergers-397/>
- 6/16 **Monkey Joe's Special Needs Night** from 5 pm-7 pm; kids ages 2-12 with special needs free; closed to public; siblings welcome \$5; info 897-5867
- 6/29 **Game on Aspergers** from 2-4 pm at the Clover Hill Public Library (small meeting room), 6701 Deer Run Drive, Midlothian. Adults 18 and older with Asperger's have fun playing games and hanging out. Free. Info: 804-335-6634 or willkir77@gmail.com



ASCV RECREATIONAL SCHOLARSHIP PROGRAM

The ASCV knows the importance of social and recreational opportunities for individuals on the spectrum. The ASCV Recreational Scholarship Program was developed to help children, youth, and adults on the autism spectrum participate in recreational and social activities. Examples of qualifying activities could include, but are not limited to: day camps, overnight camps, social skills groups, recreation leagues, bowling, etc. Awards are based on financial need and funds available. Partial scholarships may be awarded. To be eligible for this scholarship, an individual must:

- be diagnosed with an autism spectrum disorder
- reside in Metro-Richmond or a surrounding county

To apply or learn more, visit <http://ascv.org/about/recreational-scholarships/>



ASCV MEMBERS' NIGHT AT THE RICHMOND FLYING SQUIRRELS

Saturday, June 13th



Members make sure to check your email for your Eventbrite invitation that includes all of the details and registration information.

WORKSHOPS AND CONFERENCES

- 6/23 **Autism, ABA and the Virginia General Assembly: Legislative Updates for Parents and Caregivers** Free webcast from VCU ACE; learn about some of the recent laws regarding autism and applied behavior analysis (ABA) including an update on the autism insurance laws in Virginia. Find out what you can do to make a difference. To register: <http://www.vcuautismcenter.org/te/webcasts/upcoming.cfm>
- 7/21 **ABA and the Virginia General Assembly: Legislative Updates for Current and Prospective Behavior Analysts** Free webcast from VCU ACE; learn about the different laws in Virginia that apply to behavior analysis, including their history, current status, and what the future may hold. Also discover the unique responsibilities that behavior analysts have when practicing in the Commonwealth of Virginia. To register: <http://www.vcuautismcenter.org/te/webcasts/upcoming.cfm>
- 8/10- 8/12 **Arc of VA State Convention** details and info: <http://www.thearcofva.org/>

For additional information on autism conferences and workshops in Virginia, visit www.autismtrainingva.org

Thank You To Our Volunteers

*"Individually, we are one drop. Together, we are an ocean."
~Ryunosuke Satoro*

Michelle Zirin
Erin Lewis
Sam Thurman
Sarah Holdern
Nina Salzberg
Tanner Feldman
Dan Feldman
Becky Early
Skills Development Center
Lisa de Groot
Peter de Groot
Kelly Domaleski
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Georgia Galanopoulous
Staci Carr
Sherrina Sewell
Kendall Stuckey
Chris Clodfelter
Amber Burns
Brittany Hood
Ethan Miller
Kristina Vicente
Aleya Robinett
David Tatum

Thank You For the Following Donations

*All donations stay in the Central Virginia area to support
individuals and families affected by autism.*

Brendan Moran
Charles & Pam Gontkovic
Kristin Blankenship
Katherine Rennolds
Robert Joseph Chapman
Don & Ann Shumaker
Vivienne Stewart
Tamsyn Stewart
Larry Watson
Tony Daniels
Paul Warner
Mary Encarnacao
Raymond Hahn
Daniel Bowen
Cheryl Curbeam
Mary Hampton
Lisa Keene
Tracey Matthews
Vanessa Sawyer
Christopher Szymonik
Samantha Letender
Ellen Fisher
Angela Beverly

Lipstock Lasik & Cataract Center
Colonial Heights American Legion
Wine Loft at West Broad Village
George H. Moody Middle School
Butler Photographic Artistry
Godiva Salon d'Excellence
RichmondMoms.com
Cuddle Up for a Cause
Karen Isik
Linda Johnson
QSU – Quantum Silcones
Gergory Workman
Paul McNamara
Aja Wells
Phillip Sandino
Eric Schmude
Allen Davis
Mamie Robinson
Sarah Bristow
Byrd Theatre
Kellie Free
Melissa Gayle



*The following donations were
made in memory of Dottie
Janette Gunter:
Ramsay & Gaynelle Knox
Annie Reyna*



MEMBERSHIP FORM

Join with hundreds of individuals with autism, their families and other caring individuals; become a part of a larger community - the Autism Society, Central VA. We can't be heard alone, but with more voices joining daily, that small voice can become a roar. We invite you to become a part of a community of hope.

Membership in the Autism Society, Central VA provides the following benefits:

- ASCV's monthly newsletter, the local resource for information regarding local and state autism-related issues, workshops, and community events
- ASCV's weekly e-mail updates
- Access to ASCV lending library
- Free ASCV sponsored social/recreational activities; discounted workshops

Membership Levels:

___ \$5 ~ Self-Advocate (Adult w/ ASD) ___ \$25 ~ Household ___ \$1500 ~ Lifetime

Names(s): _____

Address: _____ Phone # _____

City: _____ State: _____ Zip: _____

E-mail address: _____

(By providing your e-mail, you will receive our weekly e-mail; your e-mail will be kept confidential)

Additional Donation:

___ \$25 ___ \$50 ___ \$100 _____ please specify amt.

Payment information:

___ Check (made payable to **Autism Society**) ___ Visa ___ Mastercard

Name on card: _____ Expiration: _____

Card #: _____

CVV# (security code on back of card) _____ **or join online at www.ascv.org**

Signature: _____

How would you prefer to receive your newsletter: ☐ by mail ☐ electronically

Which free gift may we send you: ☐ car magnet ☐ refrigerator magnet

New Members, how did you hear about the ASCV? ☐ family ☐ friend ☐ internet ☐ other _____

Please mail, email, or fax with payment to:

Autism Society, Central VA
200 South 3rd Street
Richmond, VA 23219
outreach@ascv.org (email)
(804) 290-0286 (fax)

Autism Society Central Virginia

200 South 3rd Street
Richmond, VA 23219

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Address Service Requested



Would you like to place an Ad in “*Into The Light*”?

Our newsletter reaches over 600 families, professionals and educators on a monthly basis and is archived on our website. If you would like to place an advertisement, please email it to info@ascv.org or mail it to us at 200 South 3rd Street, Richmond, VA 23219.

Deadline for entry is June 12th.

Ad Rates:

\$50.00 1/4 page

\$75.00 1/2 page

\$100 full page

The Board reserves the right to refuse to place an advertisement.

Non-Profits / Long Term Ads may have negotiated discount rates with Board approval.