



Into the Light

2ND ANNUAL CENTRAL VA AUTISM CONFERENCE AUTISM IN THE FAMILY: FAMILIES & PROFESSIONALS CARING & COPING TOGETHER APRIL 16, 2016



This year our conference will feature Dr. Robert Naseef, author of *Autism in the Family: Caring and Coping Together*. As a psychologist and father of an adult child with autism, Dr. Naseef integrates his personal experiences into his professional expertise on autism and special needs. Dr. Naseef will share his perspective on developing and maintaining an emotionally healthy family--no simple task when the family includes a child with special needs. He writes and speaks from an academically informed perspective, as well as his firsthand knowledge. Dr. Naseef has used his resources to counsel parents of children with special needs and to host a variety of group therapy sessions for fathers to express themselves and receive support. His presentations will include:

Friday evening (free preconference for dads only)

details& registration: <https://dadsworkshop.eventbrite.com>

- *Revisiting Masculinity: For Fathers of Children with Autism* (for dads only)

Saturday: details and registration: <https://ascvannualconference.eventbrite.com>

- *Being Present: The Family Journey to Acceptance and Resilience*
- *Special Children, Challenged Parents, Caring Professionals: Building Partnerships*
- *Understanding and Guiding Your Child's Behavior*
- *Panel of Dads and Sons* – facilitated by Dr. Naseef

Sponsorship and Exhibitor Opportunities are available. More information is available at <http://ascv.org/meetings-events/annual-central-virginia-autism-conference/> or you can email us at info@ascv.org.



Mission

To improve the lives of all affected by autism by maximizing the self-sufficiency, independence, and quality of life for all living with autism.

Vision

We are the local voice and resource of the autism community in education, advocacy, services, and support, committed to meaningful participation and self-determination in all aspects of life for individuals on the autism spectrum and their families.

Any age. Any stage.

Donate

Your gift will help support autism education, awareness, advocacy and most importantly, enable us to assist families and individuals living with autism in our community. You can help by making a donation today!

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This newsletter is a publication of: Autism Society Central Virginia.
200 South 3rd Street
Richmond, Virginia 23219
(804) 257-0192

We accept for consideration any comments, personal vignettes, book reviews, information, announcements, or advertisements for publication in our newsletter. The deadline for submission for the March newsletter is February 10th. You may send your contributions to the above address or email contributions to info@ascv.org.

The Autism Society Central Virginia does not endorse nor promote any program or service provider. The information contained in this newsletter is provided for informational purposes only. The Board reserves the right to refuse to include any information, organization, business, or group where evidence-based practices are not evident. Ads for personal or organization fundraisers will not be accepted. The Society is a 501(c)3 organization providing information, support, and encouragement to individuals with autism, their families, and professionals in the Central Virginia area.

This edition was edited by ASCV staff.



From Our Executive Director

14th Annual 5k Run/Walk for Autism – May 28, 2016

It's that time again!!! Time to gear up for the Autism Society Central VA 14th Annual 5K Run/Walk for Autism!!! Here are all the details!

Date: Saturday, May 28, 2016

Time: Event Starts at 8am, 5K Run/Walk starts at 9am sharp! The event wraps up by 11am.

Location: Innsbrook Pavilion, Glen Allen, VA

Registration: Opens February 1, 2016!! Register early as registration prices increase May 1st! Registration information will be available at <http://ascv.org/ascv-5k/>

Event Details: A family-friendly morning, which includes the Run/Walk, entertainment, food, exhibitors, and a fantastic Kid's Fun Zone. The 5K Run/Walk is a community event and one of the Autism Society Central Virginia's primary sources of income, raising over \$94,000 last year.

Ways You Can Participate:

- **Register to Run/Walk** (Chip Timing and Virtual Participation are back by popular demand!)
- **Form a Team and Recruit Members**
- **Start a Fundraising Page and Seek Donations**
- **Share the Information with Friends, Family, Co-Workers, Neighbors, and Others in your Community**
- **Volunteer**

And ...

- **Identify and Reach Out to Potential Sponsors!** - While entry fees and individual donations make a huge impact, it is sponsorship that will allow us to meet our goal of making 2016 the biggest year yet! Sponsors will not only receive recognition for their support, but can be assured they will be making a positive impact for local children, youth, and adults with ASD and their families in the Central Virginia community. **If you know of a business, organization, or individual that might be interested in a sponsorship opportunity, please contact Becky at director@ascv.org for more information. A wide range of sponsorship levels is available!**

As you can see, there are numerous ways in which you can support the 14th Annual 5K Run/Walk for Autism on May 28, 2016, and help the ASCV with our mission **to improve the lives of All affected by autism in Central VA**. I hope to see you there!

Becky

Becky Boswell, MBA
Executive Director
director@ascv.org



ASCV 2016 LEGISLATIVE AGENDA

You can make a difference! Contact your legislators and let them know how their decisions impact you and your family. You don't have to be a policy expert! Telling your story about life with autism without home and community based waiver services can influence your legislators' decisions! (If you have services, let them know the difference it's made in your life!)

Not sure who your legislator is? Visit <http://whosmy.viriniageneralassembly.gov/>

The Autism Society Central VA supports the 2016 Legislative Agenda of The Arc of VA. Please join the ASCV in asking your legislators to:

- **Address the I/DD Waiver waiting list crisis.**
 - Cut the 10,200 person list in half over the next 2 fiscal years.
 - Provide 800 Individual and Family Support (IFS) Waivers during each fiscal year.
 - Transition 3,400 EDCD Waiver recipients with I/DD into the IFS Waiver.
 - Leverage local dollars with Medicaid match to increase access to community services. Direct DBHDS to report on the needs of the I/DD Waiver waiting list each year.
- **Transition Virginia into a cost-effective and truly integrated community-based service system.**
 - Support and adequately fund Waiver Redesign and other Department of Justice (DOJ) related budget items to ensure Virginia meets the requirements of the settlement agreement and the CMS Settings Rule.
 - Support capacity-building budget language to improve access to integrated supports and strengthen interagency coordination focused on transition age youth.
 - Require that cost savings associated with the sale of Training Centers be used to improve access to integrated services.
- **Support legislation that promotes including students with disabilities in their home schools and provides accountability standards for private schools serving students with disabilities.**
- **Support Governor's proposal to close the funding gap in Part C early intervention services, which is based on the average annual growth rate of 4.9 percent over the last four years.**

Have questions about these issues or how to communicate with your legislator? Contact Bradford Hulcher at info@ascv.org.

MAKE A
DIFFERENCE

ASPERGER'S/HFA TEEN SOCIAL CLUB

In February, we will expand our Asperger's/High-Functioning Autism (HFA) Social Club to include students with Asperger's in grades 6 – 10. The Asperger's/HFA Teen Social Club is designed to maximize positive and appropriate interactions in order to foster friendships between teens (grades 6-10) with Asperger's Syndrome / HFA.

The Club meets monthly during the school year for 2 hours. The agenda incorporates structured social learning with game play and semi-structured social activities.

The social club is open to teens (grades 6 - 10) with a diagnosis of Asperger's/HFA Syndrome who are able to:

- Attend to club games
- Abide by club rules
- Engage in social discussions with only verbal prompting

This opportunity is free to ASCV members; look for an Eventbrite invitation in your e-mail to register your child. Limited space is available; registration may fill quickly with the need for a waiting list. If you register and find your teen is no longer able to attend, please contact us so that we may allow someone else to fill the space.

Once your child is registered, we will send you a form to complete and return so that the facilitator can learn a little more about your child before the first meeting. Parents must stay onsite.

EMPLOYMENT RIGHTS AND VOCATIONAL REHABILITATION CLINIC

Join us on Monday, Feb. 22nd at 7 p.m. as advocates from the disAbility Law Center of Virginia (dLCV) present on issues related to employment and disability. The dLCV believes that everyone should be employed to their maximum potential. They will discuss issues such as, employment rights under the ADA, reasonable accommodations, vocational rehabilitation services, work incentives, and youth transition. They will also discuss ways in which their agency is able to assist those who encounter barriers to employment.

Jenny Dick-Mosher, M.S. has been an advocate at the disAbility Law Center of Virginia since September 2015. Ms. Dick-Mosher is in the process of completing her Ph.D. in sociology and women's and gender studies from Virginia Tech. Her research has focused on disability rights with an emphasis on employment.

Ramona DeFonza, M.S. Ed. is currently an advocate and the volunteer coordinator for the disAbility Law Center of Virginia. Ms. DeFonza has over 25 years of experience affecting change in non-profit advocacy and legal services agencies in PA, NJ and VA.

This event is free and open to the public, but registration is requested at <http://employmentvocrehabclinic.eventbrite.com>

FEBRUARY SOCIETY MEETING EXTENDED SCHOOL YEAR WORKSHOP

The ASCV Monthly Meeting on Friday, February 5th will address Extended School Year Services (ESY). A free appropriate public education (FAPE), for some students with disabilities, may require a program of special education and related services in excess of the normal school year. In general, ESY refers to special education and/or related services provided beyond the normal school year of a school division for the purpose of providing FAPE to a student with a disability. The IEP must address the provision of ESY services, if required, in order for the student to receive FAPE. ESY is not a separate planning process since it is part of the IEP process. Factors to be considered when determining the need for ESY services:

- regression/recoupment
- degrees of progress
- emerging skills/breakthrough opportunities
- interfering behaviors
- the nature and/or severity of the disability
- special circumstances or other factors



Our presenter, Gloria Dalton, works for the Virginia Department of Education as the Parent Ombudsman and educational specialist, providing statewide leadership for parent engagement activities. As the Ombudsman, Ms. Dalton provides parents with necessary tools, skills, and strategies for problem solving to improve collaboration and communication between the family and school. She has worked over 30 years with individuals with disabilities and their families.

This workshop will take place at 7pm at River Road United Methodist Church, 8800 River Road Richmond 23229. It is free and open to the public but registration is requested at <https://esyworkshop.eventbrite.com>

REGISTRATION OPEN FOR MARCH 19th SIBSHOP!

The ASCV hosts bi-monthly Sibshops as an opportunity for brothers and sisters of children with any developmental disabilities to obtain peer support and education in a fun recreational environment. Our Sibshops are open to any sibling, ages 7-12, of a child with a special need. We meet every other month from 10am to noon. Sibshops acknowledge that being the brother or sister of a person with special needs is for some a good thing, for others a not-so-good thing, and for many somewhere in between. The Sibshop model intersperses information and discussion activities with recreation and games (designed to be unique, off-beat, and appealing). Learn more and register here: <http://ascv.org/meetings-events/sibshops/>.



NEWS FROM THE AUTISM SOCIETY CENTRAL VIRGINIA BOARD

In December and January the Autism Society Central Virginia worked to fulfill our mission to "improve the lives of all affected by autism" in the following ways:

Education

- Sponsored a workshop on *Autism and Sexual Behavior: What You Need to Know and How to Talk about It*
- Presented a workshop on Home and Community Based Waivers
- Hosted ASCV Member Premiere of the Movie Documentary, *The Family Next Door*

Services and Supports

- Sponsored an ASCV Members' Holiday Party at Lewis Ginter Botanical Gardens
- Sponsored two Sensory Friendly Movies in collaboration with the Byrd Theatre
- Sponsored four Inclusive Lego and Game Clubs
- Sponsored Parents of Adults with Asperger's Group
- Sponsored Adults with Asperger's Interest Group
- Sponsored the Asperger's/HFA Middle School Social Club
- Sponsored two Bowling outings for children, youth and adults with ASD
- Sponsored Sibshops
- Sponsored an ASCV Members' Indoor Pool Party

Awareness

- Presented to Richmond Civitan Club
- Presented to Ashland Rotary Club
- Presented to Crossover Healthcare Ministry

Advocacy

- Attended VDOE Special Education Advocacy Committee

ASCV LIBRARY LIQUIDATION FREE MATERIALS AVAILABLE ON MARCH 4th

Due to decreased usage over the last several years, the ASCV has decided to no longer maintain a lending library. All materials currently in the library will be set out on tables in the Activity Room at River Road United Methodist Church, and will be available for pick up from 6:30pm-8:00pm on March 4th, during the 2016 Recreation Resource Fair. The materials will be free of charge.



WORKSHOPS AND CONFERENCES

- 02/04 **IEP Toolkit: Understanding Individualized Education Plans** sponsored by Hanover PRC; 6:30 pm at Cool Spring Elementary; RSVP to hanoverprc@hcps.us
- 02/06 **Strategies to Improve Processing in Students with ASD** -- Behavior, and communication for students with ASD, improving processing deficits and associated thinking and problem-solving skills can be a struggle; this webcast from VCU ACE will provide specific communication, interaction, and environment strategies that can be implemented immediately to improve processing, thinking, and problem solving for this population; details and registration <https://vcuautismcenter.org/te/webcasts/upcoming.cfm>
- 02/09 **Evening of Acceptance** sponsored by Friendship Circle of VA; speakers and activities; learn more here: <https://www.friendshipcircleva.org/>
- 02/11 **IEP Toolkit: Understanding Individualized Education Plans** sponsored by Hanover PRC; 6:30 pm at Oak Knoll Middle School; RSVP to hanoverprc@hcps.us
- 03/09-03/10 **Commonwealth Autism 15th Annual Autism Conference** Partnership Power: We're better together; registration and info <http://www.autismva.org/2016conference>, scholarships available online with application deadline of 2/19/16
- 04/16 **2nd Annual Central Virginia Autism Conference** -- Autism in the Family: Families & Professionals Caring and Coping Together; featuring keynote speaker Dr. Robert Naseef; see additional info on page one of this newsletter

For additional information on autism conferences and workshops in Virginia, visit www.autismtrainingva.org

Sensory Friendly Children's Theatre Now Offered

Virginia Repertory Theatre is proud to offer sensory friendly performances for children with autism and other sensory, social, or learning disabilities. During these identified performances the house lights will be kept at 50% (no blackouts). The sound will be tempered to avoid exceptionally loud and startling moments. The performances run between 45 and 60 minutes and have no intermission. The staff, volunteers, and performers will understand that some of those in the audience may vocalize and move around throughout the performance.

The following Saturday morning (10:30am) matinees are designed as performances for special needs individuals and their families who may not always feel welcome or comfortable in the traditional theatre-going atmosphere. At this time tickets to these performances will be free of charge. Families must register and the number of available seats is limited.

Croaker, The Frog Prince Musical
Saturday, March 26, 2016 at 10:30am
at Virginia Rep's Children's Theatre at Willow Lawn
ticket registration link: <https://goo.gl/X6mrJL>

The Golden Goose
Saturday, August 6, 2016 at 10:30am
at Virginia Rep's Children's Theatre at Willow Lawn
ticket registration link: <https://goo.gl/chHYwz>

This February, the Autism Society Central VA will sponsor or participate in the following events. All events take place at River Road UMC, 8800 River Rd, Henrico, unless otherwise specified. For information: 257-0192 or info@ascv.org.

02/01		DD Advocacy Day @ the General Assembly join us for all or part of the day in visiting with legislators to share our stories!
02/02	6 pm	Board Meeting , 200 South 3 rd Street, Richmond, 23219
02/05		Asperger's/HFA Teen Social Club free for ASCV members in grades 6-10; members, check your e-mail for Eventbrite invitation
02/05	7 pm	Monthly Society Meeting: Extended School Year Workshop ; details and registration: https://esyworkshop.eventbrite.com
02/06	10 am	Inclusive Lego & Game Club – Chester , details and registration: https://legochesterfeb.eventbrite.com
02/20	2 pm	Sensory Friendly Movie at the Byrd Theatre, Carytown
02/21		Autism Society Bowling Leagues – Shrader Lanes members, check your e-mail for Eventbrite invitation
02/22	7 pm	Adults with Asperger's/HFA Interest Group (open only to adults with Asperger's/HFA)
02/22	7 pm	Employment Rights and Vocational Rehabilitation Clinic ; details and registration http://employmentvocrehabclinic.eventbrite.com
02/27	10 am	Inclusive Lego & Game Club – Downtown , details and registration: https://downtownlegofeb.eventbrite.com

**AUTISM
SOCIETY
CENTRAL
VIRGINIA**

**FEBRUARY
CALENDAR**

March 4th, 2016 Recreation Resource Fair – FREE

Over 25 Vendors Sharing Information!

Register at <http://Ascvrecreationfair.Eventbrite.Com>

SAVE THE DATE

FEBRUARY COMMUNITY OPPORTUNITIES

- 02/02 **Chesterfield County Exceptional Education Resource Fair** Thomas Fulghum Conference Center, located behind the Career and Technical Center at Hull, 13900 Hull Street Road, Midlothian, Virginia 23112; open from 4 pm to 6 pm;
<http://mychesterfieldschools.com/ptrc/2015/12/february-2-2016-exceptional-education-resource-fair/>
- 02/02 **Jumpology** special needs night; <http://www.jumpology.us/Calendar>
- 02/05 **Special Night for Special Needs** at Children's Museum Chesterfield; 5:30 pm, for info: <http://www.c-mor.org/events/special-nights>
- 02/08 **Skyzone** special needs night; <http://www.skyzone.com/richmond/Calendar>
- 02/10 **Chesterfield County Special Education Advisory Committee** topic: *Positive Behavior Supports and Student Behavior* meets at 5 pm at the Career and Technical Center, 13900 Hull Street Road, room 256; open to the public; contact 804-639-8918 for more info and info on making public comment
- 02/11 **Richmond Asperger's Meet-up** <http://www.meetup.com/aspergers-397/>
- 02/12 **Tim Tebow Foundation Night to Shine Prom** designed for anyone age 16 and older with developmental and/or physical disabilities – two opportunities occurring the same evening. Contact sponsoring agencies for more info: RAIN <http://www.richmondautism.org/> and Grace Community Presbyterian Church: <http://nighttoshinerva.com/>
- 02/13 **Game on Aspergers** from 2-4 pm at the Clover Hill Public Library (small meeting room), 6701 Deer Run Drive, Midlothian. Adults 18 and older with Asperger's have fun playing games and hanging out. Free. Info: 804-335-6634 or willkir77@gmail.com
- 02/16 **Monkey Joe's Special Needs Night** from 5 pm-7 pm; kids ages 2-12 with special needs free; closed to public; siblings welcome \$5; info 897-5867
- 02/17 **West End/ Northern Chesterfield Asperger's Meet-Up**
<http://www.meetup.com/aspergers-397/>
- 02/24 **Gaviota Group** support group for Latino families with autism; meets at the Sacred Heart Center, 1400 Perry Street, Richmond, 23224; RSVP at 804-646-0145
- 02/27 **Game on Aspergers** see 02/13 info above for details

The Virginia Board for People with Disabilities: Accepting Applications for 2016 Youth Leadership Forum (YLF)

YLF is a personal, leadership, and career development training program for rising high school juniors and seniors with developmental and other disabilities who have demonstrated leadership potential and motivation. This four-day, all-expenses-paid event will be held on a university campus in Central Virginia, Hampton Roads, or the Charlottesville area (exact location to be determined). The 2016 YLF will take place EITHER July 24-28 OR Aug. 2-6. Students with disabilities of all ethnic and cultural backgrounds are encouraged to apply here: <http://www.vaboard.org/ylf.htm>

Thank You To Our Volunteers

*“Remember that the happiest people are not those getting more, but those giving more.”
~H. Jackson Brown Jr.*

Joshua Davis
Davis Long
Andrew Wleenteychik
Christopher Hess
O’Ryant Nixon
Chi Earp
Dayvon Williams
Quentin Rodwell
Evan Carlson
Kevin Chambers
Hunter Ford
William Coope
Jamie Corker
Skills Development Center
Shelby Schelin
Charles Curbeam
Aaron Whitehurst
William Wieckmann
Blake Johnson
Dean Lee

Audrey Watson
Jeremy Watson
Deja Taylor
Stephanie Park
Tonya Zwain
Ryan DeRossett
Octavia Bunton
Elizabeth Kimball
Luis Rodriguez
Kristen Pratt
Morgan Callaghan
Rebecca Rush
Lucia Eovino
Cole Mier
EJ Kochis
Matt Blackshaw
Kristin Davidson
Kerry Gribbon
Michelle Zirin

We would love to add your name to this list. We are always looking for individuals, 18 and older, who would like to get involved. Contact Tammy at outreach@ascv.org to find out how you can volunteer for the ASCV too!

HOLIDAY EVENT THANK - YOU

What a wonderful time our members had at the December Holiday Event that was held at Lewis Ginter Botanical Gardens! We want to extend a special thank you to some folks who helped to make that evening great!

A Big Thank You goes out to....

Brandon Fuller and Kevin Smith for providing the RVA Cards,
Sesame Street for the copies of the new Sesame Street Book,
Liz Herman for the knitted bags,
Michelle Zirin, Kerry Gribbon and Kristin Davidson for being Santa’s helpers,
Kyle McKenna and Sam Hulcher for providing the musical entertainment, and
Frank Grochowaski for making sure that Santa was able to attend as well!

Thank You

Thank You For the Following Donations

All donations stay in the Central Virginia area to support individuals and families affected by autism.

Enterprise Holdings, Inc.
David Fellowes
Timothy Hofmeyer
Ame Branam
Lisa McAlexander
Catherine Arrowood
Mattie Jackson
FerrellGas
Gregory Workman
Aja Wells
Paul McNamara
Phillip Sandino
Mary Bess Bolin
Lisa Keene
Macy's East
Eric Schmude
Mamie Robinson
Joseph James Laut
Tracey Matthews
Paul Warner
Susan Gross
Malvern Construction Corp.
Buz and Ned's
Mark & Gail Liebrich
Sedona Taphouse
John Nix
Mark Highfield
Melissa Jones
Terry & Linda Oggel
Travinia Italian Kitchen
Pediatric Therapies, Inc.
Dale Nowery
Thomas Whalen
Lipstock Lasik & Cataract Center
The McReynolds Family Foundation
Marilyn T. & David R. Heebner Foundation
Hazel Steward
Virginia Woodhead
Jesselle Christenson
Joanne Baker
Micheal Heflin
Sean Healy
Harman, Claytor, Corrigan, Wellman
Mr. Winston Gravely

The following donation was made in memory of Mabel Childress:
Iva Seward

The following donation was made in memory of James "Jim" Miller:
Mr. & Mrs. Christopher Howell

The following donation was made in memory of Jennifer Blais:
Helen Preti

The following donations were made in memory of Tandy Harris:
John & Doris Webber
Ernest & Lucy Harris
The Maddox Family
Brenda Gowin
Pamplin Charge UM Men's Club

The following donation was made in honor of Cecilia Cook:
Jennifer Loterzo

The following donation was made in honor of Maddox Salay:
Jennifer Loterzo

The following donation was made in honor of Matt Thompson:
Judith Kane

The following donation was made in honor of Cecilia Cook:
Jennifer Loterzo

The following donations were made in honor of Master Michael Bugg:
Heith Harris
Arianna Harris
Ryan Fischer

Save The Date

You (and your family and friends) are invited to join the Autism Society Central Virginia for the Richmond Movie Premiere of the documentary film, *The Family Next Door*.

Date: March 22, 2016

Time: 6:00pm

Location: The Byrd Theatre, Richmond

He was a star Yale football player who went on to become an attorney. She was a beautiful cheerleader who became a loving, caring teacher. Together they have four children, two boys and two girls. The boys are on the autism spectrum. The Family Next Door introduces us to the Lund family and takes us along on their journey into the hyper-complex and emotionally draining maze that is autism. We discover in real-time how the entire family is impacted. We witness the isolation, confusion and gnawing self-doubt. And we experience with swelling hearts how unconditional love, hope and determination steer this family forward.



A trailer for this film can be viewed here - <http://vimeo.com/100226663>

More information will be available soon on the ASCV's website at <http://ascv.org/meetings-events/>



**2016 5K Run/Walk for
Autism Registration
Opens
February 1, 2016
<http://ascv.org/ascv-5k/>**

**Register!
Volunteer!
Sponsor!**

Autism Golf Clinic with The First Tee's coach, Ed Gill

**Join The First Tee of Richmond & Chesterfield
for a four-week session of golf clinics introducing basic
golf technique and golf etiquette to youth with ASD!**

Where:

**The First Tee of
Chesterfield Facility**

*6736 Huntingcreek Drive
N. Chesterfield, VA 23237*

**Only \$20
per youth for
all 4 sessions!**

When:

Saturdays, March 5th-26th

Ages 5 to 9- 3:00-3:45 pm

Ages 10 to 17- 4:00-4:45 pm

Register online at www.thefirstteerc.org

**Please note potential make up dates: April 2nd and April 9th*



In partnership with The Autism Society Central Virginia



MEMBERSHIP FORM

Join with hundreds of individuals with autism, their families and other caring individuals; become a part of a larger community - the Autism Society Central Virginia. We can't be heard alone, but with more voices joining daily, that small voice can become a roar. We invite you to become a part of a community of hope.

Membership in the Autism Society Central Virginia provides the following benefits:

- ASCV's monthly newsletter, the local resource for information regarding local and state autism-related issues, workshops, and community events
- ASCV's weekly e-mail updates
- Discounted workshops and conferences
- Free ASCV sponsored social/recreational activities

Membership Levels:

___ \$5 ~ Self-Advocate (Adult w/ ASD) ___ \$25 ~ Household ___ \$1500 ~ Lifetime

Name(s): _____

Address: _____ Phone # _____

City: _____ State: _____ Zip: _____

E-mail address: _____

(By providing your e-mail, you will receive our weekly e-mail; your e-mail will be kept confidential)

Additional Donation:

___ \$25 ___ \$50 ___ \$100 _____ please specify amount

Payment information:

___ Check (made payable to **Autism Society Central Virginia**) ___ Visa ___ Mastercard

Name on card: _____ Expiration: _____

Card #: _____

CVV# (security code on back of card) _____ **or join online at www.ascv.org**

Signature: _____

How would you prefer to receive your newsletter: ☐ by mail ☐ electronically

Which free gift may we send you: ☐ car magnet ☐ refrigerator magnet ☐ no gift needed

New Members, how did you hear about the ASCV? ☐ family ☐ friend ☐ internet ☐ other _____

Please mail, email, or fax with payment to:

Autism Society Central Virginia
200 South 3rd Street
Richmond, VA 23219
outreach@ascv.org (email)
(804) 290-0286 (fax)

Autism Society Central Virginia

200 South 3rd Street
Richmond, VA 23219

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Address Service Requested



Would you like to place an Ad in “*Into The Light*”?

Our newsletter reaches over 600 families, professionals and educators on a monthly basis and is archived on our website. If you would like to place an advertisement, please email it to info@ascv.org or mail it to us at 200 South 3rd Street, Richmond, VA 23219.

Deadline for entry is February 10th.

Ad Rates:

\$50.00 1/4 page

\$75.00 1/2 page

\$100 full page

The Board reserves the right to refuse to place an advertisement.

Non-Profits / Long Term Ads may have negotiated discount rates with Board approval.