



# *Into the Light*

## **THE ABCs OF BEHAVIOR** **SEPTEMBER 8, 2017**

Join us, on Friday, September 8, 2017 at 7:00 pm for a FREE workshop on the ABCs of Behavior. For more information and to register visit <https://abcsofbehavior.eventbrite.com>

Most individuals with autism will display challenging behaviors at some point in their lives. Sometimes these behaviors are quite difficult to understand and address. When supporting people with autism and challenging behavior, it's critical to understand the "ABCs" of behavior. Just as the ABCs of the alphabet are the beginning of learning to read and write, learning the ABCs (Antecedent-Behavior-Consequence) of behavior is the starting point of assessing and addressing challenging behavior and teaching new, desirable behavior. This training will explain these concepts and provide data collection tips and practical examples. This workshop is intended for parents/guardians of individuals with developmental disabilities, providers, and/or educators.



### **Presenter: V.J. Petillo**

V.J. Petillo is an Endorsed Positive Behavior Support Facilitator. He is currently a community Behavioral Consultant and Trainer, and the Behavior Specialist for REACH Region IV. In this role, V.J. is involved in the clinical assessment, support planning, and training offered through REACH services. V.J.'s experiences in the field of Intellectual and Developmental Disabilities date back to 1991, when he started working in a group home in Ohio. Since that time, he's worked in a wide variety of service settings, including: residential services, supported employment, exceptional education, case management, private practice as a behavioral consultant, and crisis supports. A significant part of V.J.'s work throughout his career has involved directly providing and/or developing behavioral supports. V. J. has a Master's Degree in Rehabilitation Counseling and a Master's Degree in Theology. He was endorsed as a Positive Behavior Support Facilitator in Virginia in 2006.



## Mission

To improve the lives of all affected by autism by maximizing the self-sufficiency, independence, and quality of life for all living with autism.

## Vision

We are the local voice and resource of the autism community in education, advocacy, services, and support, and are committed to meaningful participation and self-determination in all aspects of life for individuals on the autism spectrum and their families.

Any age. Any stage.

## Donate

Your gift will help support autism education, awareness, advocacy, and most importantly, enable us to assist families and individuals living with autism in our community. You can help by making a donation today!



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This newsletter is a publication of: Autism Society Central Virginia.  
200 South 3<sup>rd</sup> Street  
Richmond, Virginia 23219  
(804) 257-0192

We accept for consideration any comments, personal vignettes, book reviews, information, announcements, or advertisements for publication in our newsletter. The deadline for submission for the October newsletter is September 15<sup>th</sup>. You may send your contributions to the above address or email contributions to [info@ascv.org](mailto:info@ascv.org).

The Autism Society Central Virginia does not endorse nor promote any program or service provider. The information contained in this newsletter is provided for informational purposes only. The Board reserves the right to refuse to include any information, organization, business, or group where evidence-based practices are not evident. Ads for personal or organization fundraisers will not be accepted. The Society is a 501(c)3 organization providing information, support, and encouragement to individuals with autism, their families, and professionals in the Central Virginia area.

This edition was edited by ASCV staff.

## Commonwealth Coordinated Care Plus Waiver Replaces EDCD and Tech Waivers

Waivers provide long-term services and supports in the home and community for eligible individuals. On July 1, 2017, the Commonwealth Coordinated Plus (CCC+) Waiver replaced the waivers formerly known as the Elderly or Disabled with Consumer Direction (EDCD) Waiver and the Technology (Tech) Waiver. This occurred for everyone statewide who was on an EDCD or Tech waiver.



The good news is that new services may be available to you under this new waiver. Individuals on the former EDCD waiver may now be eligible for Assistive Technology (AT) or Environmental Modifications (EM) with service limits of \$5,000 for each service. Also new in this waiver is that all long-term care (waiver) services will now be managed through a managed care program called Commonwealth Coordinated Care. See article below for information on the managed care program. For additional information about the new CCC+ waiver, visit <https://www.cccplusva.com/learn/long-term-services-and-supports-and-other-services>.

The CCC Plus Waiver is for:

- adults 65+ with a medical or nursing need
- individuals less than 65 years old with a disability and a medical or nursing need.

Some individuals with autism may qualify for this waiver. Currently there is no waiting list for the CCC Plus Waiver. Contact the ASCV at [info@ascv.org](mailto:info@ascv.org) for additional information on screening for this waiver.

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## Commonwealth Coordinated Care Plus Medicaid Managed Care

Commonwealth Coordinated Care Plus (CCC Plus) is a new statewide Medicaid managed care program that will serve individuals with complex care needs currently receiving Medicaid. CCC Plus will include many people with disabilities on Medicaid, but not all. The CCC Plus managed care program will start in different parts of the state at different times; in the Richmond area, this will occur September 1, 2017. Qualifying individuals in the Richmond area received notification and information about this change at the beginning of August.

If you are enrolled in the CCC Plus managed care program, **your CCC Plus Waiver services and your Medicaid medical services** will be administered by your managed care company.

If you receive supports through one of the Developmental Disabilities Waivers, your waiver services **will not** be impacted by any of these CCC plus changes. However, your Medicaid medical services may be administered by one of the CCC plus managed care organizations/health care plans. If you have questions about CCC Plus managed care, visit <https://www.cccplusva.com/> or call the CCC Plus Helpline at 1-844-374-9159.



## From Our Executive Director

### WELCOME FALL!

Happy September!!! The start of the fall season means different things to each of us – back to school, shorter days, cooler temperatures, apple picking, fall foliage, college and/or pro football (Go Hokies!), and the list goes on! For the ASCV, fall brings a busy schedule of programs, events, and activities. This newsletter contains a great deal of information on ASCV sponsored educational and social opportunities, and fundraisers to benefit the ASCV. Please read through it carefully so that you don't miss a thing! I have listed below just a few of the places you will find the ASCV having fun in the next few months! I hope you will plan to join us at one or several of these events!

**Wash Wednesdays are Back in September!!** Let our friends at **Splash-N-Dash** help you get the summer grime off your vehicles and donate to the ASCV at the same time! Splash-N-Dash at 9940 Mayland Drive will donate 10% of all sales on every **Wednesday in September** to the ASCV. Better yet, if you use the ASCV coupon codes for Ultra and Premium Washes then 20% of those sales will be donated!! See page 9 in this newsletter for more details and the coupon codes!



On **Saturday, September 30th**, join us for the **Fifth Annual Poker Run** sponsored by the Sons of Dominion Motorcycle Club. This exciting event to benefit the ASCV will start at the Colonial Heights Harley-Davidson at 9am, with kickstands up at 10am. Join us for an exciting morning of riding, raffles, food, live music, and great prizes! Please see the flyer insert on page 7 or visit [www.sonsofdominion.com](http://www.sonsofdominion.com) for more details!

And then on **Sunday, October 1<sup>st</sup>**, the ASCV will be teaming up with Hanover County's First Responders for a **Community Connection Fair**. Join us from 1-4pm at Richmond Harley-Davidson in Ashland for this fun, free, and educational community event! More details are available on page 8.







## From Our Executive Director



The ASCV is one of the many local nonprofits participating in the **Birdies for Charity Program** as part of the Dominion Energy Charity Classic. You can pledge per birdie or make a flat donation to the ASCV at <https://tinyurl.com/ASCV-Birdies> and Dominion will match all donations by 10%! See page 6 for more information.

Local **Martial Arts World** locations will join together on **Saturday, October 21st**, at Hermitage High School in Henrico County, for the fourth annual Martial Arts World Super Show to benefit the ASCV! The day of thrilling competitions culminates in an evening "Super Show" of dramatic and choreographed team demonstrations that you have to see to appreciate. A Silent Auction will be open throughout the day on October 21st. *If you, or an individual or business that you know, would be willing to donate an item, gift certificate, or service for the auction, please let us know!* All of the proceeds from the Silent Auction and the entire event will be donated to the ASCV!



Join the ASCV at **BJ's Restaurant and Brewhouse** near Short Pump Towne Center in Henrico on **Thursday, October 26<sup>th</sup>** for a delicious way to raise money!! BJ's will donate 20% of all food and soft beverage sales that day when the special ASCV flyer is presented!! Be on the lookout for the flyer in our October Newsletter, in our weekly email blasts, and on Facebook.

We hope that you will help us by sharing these opportunities with your family, friends, and networks! The ASCV is truly blessed in the relationships we have built with individuals, groups, and organizations in our community who support our work. We would not be able to offer the programs, workshops, conferences, bowling leagues, Lego/game clubs, spring and holiday events, etc., nor serve on the many local and state workgroups giving individuals with autism and families in Central VA a voice, without your donations and continued support. Thank YOU for all you do!

All the Best,

*Becky*

Becky Boswell, MBA  
Executive Director  
[Director@ascv.org](mailto:Director@ascv.org)

## IFSP Funding Application Opens October 3, 2017



The Individual and Family Support (IFSP) Funding Program provides funds for services, supports, and items for individuals with developmental disabilities that enhance or improve the quality of life and promote independence and community-based living. Individuals who are on the waitlist for the DD Waiver may apply for IFSP funding.

DBHDS released information about the FY 2018 IFSP Funding on the IFSP website on August 17th. The FY 2018 application must be submitted online. This means no more paper!

The application will be available online sometime before October 3rd. You will be able to review the application, fill in your information, edit and make changes, and save a draft copy. **You will not be able to submit your application before 9 am on October 3, 2017.**

Please be sure to check the IFSP website for instructions, deadlines, and program guidelines. All application information will be posted on the IFSP <http://www.dbhds.virginia.gov/individuals-and-families/developmental-disabilities/community-support-services>.

## The Dominion Energy Charity Classic Coming October 19<sup>th</sup> – 22<sup>nd</sup>

The Autism Society Central Virginia is excited to be a participating charity for the 2017 Dominion Energy Charity Classic through the Birdies for Charity Program! You can join the fun and help support families and individuals living with autism in Central VA by participating in one of two ways:

- making a flat donation
- pledging a donation per birdie scored at the tournament

And, Dominion Energy will match donations up to 10%!

You can find more information about the event and make a donation at <https://tinyurl.com/ASCV-Birdies>.

**Donors to the ASCV Birdies for Charity will be automatically entered into a drawing for 4 tickets to the tournament. Please help us spread the word!**

Hope to see you at the Country Club of VA, James River Course, in October!



# SATURDAY, SEPT. 30TH

♣ Registration begins at 9am Ride begins at 10am

♦ Starts and ends at  
Colonial Harley Davidson  
1701 Temple Pkwy  
Prince George VA 23875

♠ \$20 per rider / \$5 per passenger  
proceeds support the ASCV  
Non-Riders welcome!



## 5TH ANNUAL AUTISM POKER RUN

**\$200 PRIZE BEST HAND \$100 PRIZE WORST HAND**

The new  
**DOUBLE CLUTCH**  
Band and Show

**FOOD TRUCK  
and LIVE MUSIC  
at Colonial HD  
at the end of the run**



Join the Sons of Dominion Motorcycle Club as we support the Autism Society Central Virginia in raising funds and awareness for the cause of Autism. Enjoy a beautiful morning of riding, raffles, food and great prizes all in support of the ASCV



Go to [www.SONSOFDOMINION.com](http://www.SONSOFDOMINION.com) for more details



## Autism and Hanover First Responders Community Connection Fair

Individuals with autism and their families/caregivers are invited to this FREE event. Come out and meet and build relationships with Hanover County's First Responders! Don't miss this fun and valuable event!

**Date:** Sunday, October 1, 2017

**Time:** 1pm – 4pm

**Location:** Marks & Harrison Pavilion at  
Richmond Harley-Davidson  
12200 Harley Club Drive  
Ashland, VA 23005

For More Information:  
[outreach@ascv.org](mailto:outreach@ascv.org)  
804-257-0192

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# Wash Wednesdays



## Benefit Car Wash

### September 2017

Splash-n-Dash Car Wash & Detailing is happy to offer our 2nd Annual Wash Wednesday program benefiting the Autism Society of Central Virginia!

Splash-n-Dash Car Wash & Detailing will donate a minimum of 10% of all sales on Wednesdays in September to the Autism Society of Central Virginia.

Customers can increase the donation to 20% of their Ultra or Premium Wash simply by choosing "Enter Coupon" when starting their transaction and entering 1459 for an Ultra Wash, or 1159 for a Premium Wash.

**Visit Splash-n-Dash in September (September 6th, 13th, 20th & 27th)** to support ASCV while taking care of your car!



&



9940 Mayland Drive  
Henrico VA 23233

[www.Splashndashrva.com](http://www.Splashndashrva.com)  
FaceBook: Splashndashcarwash&detailing



## NEWS FROM THE AUTISM SOCIETY CENTRAL VIRGINIA BOARD

**In July and August, the Autism Society Central Virginia worked to fulfill our mission To "improve the lives of all affected by autism" in the following ways:**

### **Education**

- Presented Autism 101 at Bon Air Juvenile Correctional Center
- Presented Autism 101 at Saint Mary's Hospital Imaging Center

### **Services and Support**

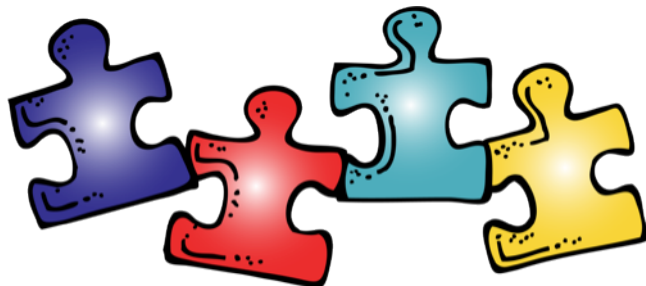
- Sponsored two sensory friendly movies in collaboration with the Byrd Theatre
- Sponsored three inclusive Lego® and game clubs
- Sponsored Adults with Asperger's Interest Group
- Sponsored Parents of Adults with Asperger's Interest Group
- Sponsored Sibshop

### **Advocacy**

- Participated on the Government Affairs Committee
- Attended Autism Society National Conference in Milwaukee, WI
- Participated in the Region IV Reach Advisory Council

### **Awareness**

- Exhibited at Congressman McEachin's Know Your Rights: Parent Power Forum
- Exhibited at Minds of All Kinds, Science Museum of Virginia



## CONNECT WITH THE ASCV THROUGH SOCIAL MEDIA



This September, the Autism Society Central VA will sponsor or participate in the following events. For information: 257-0192 or [info@ascv.org](mailto:info@ascv.org).

09/06	All day	<b>Splash-n-Dash Wash Wednesdays</b> benefiting the ASCV; see flyer on page 9
09/08	7pm	ASCV Monthly Program Meeting: <b>ABC's of Behavior</b> ; registration: <a href="http://abcsofbehavior.eventbrite.com">http://abcsofbehavior.eventbrite.com</a>
09/09	10am	<b>Inclusive Lego &amp; Game Club – Chester</b> ; details and registration: <a href="https://septemberlegochester.eventbrite.com">https://septemberlegochester.eventbrite.com</a>
09/12		<b>ASCV Board Meeting</b>
09/13	All day	<b>Splash-n-Dash Wash Wednesdays</b> benefiting the ASCV; see flyer on page 9
09/15	9am	<b>Psychotropic Medication in Children with ASD Workshop</b> ; info: <a href="https://mentalhealthandasd.eventbrite.com">https://mentalhealthandasd.eventbrite.com</a>
09/17		<b>Bowling Event</b> for children/youth/adults with ASD; free for ASCV members; check your email for Eventbrite invitation and registration.
09/20	All day	<b>Splash-n-Dash Wash Wednesdays</b> benefiting the ASCV; see flyer on page 9
09/23	2pm	<b>Sensory Friendly Movie</b> at the Byrd Theatre; Carytown
09/27	All day	<b>Splash-n-Dash Wash Wednesdays</b> benefiting the ASCV; see flyer on page 9
09/30	10am	<b>Inclusive Lego &amp; Game Club – Downtown</b> ; details and registration: <a href="https://septemberlegodowntown.eventbrite.com">https://septemberlegodowntown.eventbrite.com</a>
09/30	9am	<b>Sons of Dominion Poker Run</b> benefiting the ASCV; see flyer page 7

## AUTISM SOCIETY CENTRAL VIRGINIA

## SEPTEMBER CALENDAR



## SEPTEMBER COMMUNITY OPPORTUNITIES

(Dates provided as published by sponsoring organizations; contact organizations for confirmation)

- 09/01 **Special Night for Special Needs** at Children's Museum Chesterfield; 5:30pm; <http://www.c-mor.org/events/special-nights> for more information
- 09/03 **Chuck E. Cheese's Sensory Sensitive Sunday**; 9am-11am; 10430 Midlothian Turnpike, 23235; for more information contact 804-330-9865
- 09/04 **Sky Zone Special Needs Sensory Friendly Night**; for more information go to <http://www.skyzone.com/richmond> or call 804-379-2500
- 09/05 **Jumpology** special needs night; see calendar at <http://www.jumpology.us/Pricing-Hours>
- 09/06 **Chesterfield County Special Education Advisory Committee**; topic: *Transition for Students with Disabilities* meets at 5pm at The Career and Technical Center, 13900 Hull Street, Room 256; open to the public; contact 804-639-8918
- 09/08 **Virginia's Future Candidate Forum with Ed Gillespie and Ralph Northam**; 4:30-6:30pm; Reynolds Community College, 1651 East Parham Road, Lipman Auditorium; open to the public
- 09/19 **Monkey Joe's Special Needs Night**; 5pm-7pm; kids ages 2-12 with special needs free; closed to public; siblings welcome \$5; info 897-5867
- 09/21 **Minds of All Kinds**, Science Museum of VA, Sensory Friendly Experience; 5:30-8:00pm; advance registration required; for more details <http://www.smv.org/upcoming-events/minds-of-all-kinds-september-21>
- 09/24 **Preview screening of Swim Team movie**; 3pm-5pm; The Community Idea Stations, 23 Sesame Street, Richmond, 23235; free and open to the public; limited tickets; registration required; more information and registration available here <http://ideastations.org/swimteam>
- 09/27 **Caminos Group** support group for Latino families with autism; 10am-12pm; meets at the Sacred Heart Center, 1400 Perry Street, Richmond, 23224; RSVP at 804-646-0145



## Thank You To Our Volunteers

Gabrielle Jonassaint  
Amber Burns  
Sheila Mosby  
Tassy Mason  
TyAsia Olds  
Jada Wiggins  
Rit Vatsyanyan  
Emily Chafin  
Shawna Stith  
Azaria Mosby

Taylor Cochran-Sutton  
Wynel Harris  
Daniela Mendoza  
Korin Grogan  
LaJon Singleton  
Jonathan Stapor  
Wayne Yerby  
Chris Windmuller  
David Parker  
Elana Grant  
Jacob Grant

*We would love to add your name to this list. We are always looking for individuals, 18 and older, who would like to get involved. Contact Tammy at [outreach@ascv.org](mailto:outreach@ascv.org) to find out how you can volunteer for the ASCV too!*



## SAVE THE DATES! FALL ASCV WORKSHOPS



**Friday, October 13, 2017**

*Understanding and Supporting the Mental Health Needs  
of Individuals with Autism Spectrum Disorders*

Presenter: Staci Carr, Ph.D.

**Monday, October 30, 2017**

*Community Engagement and Community Coaching Workshop –  
Supports for People with Developmental Disabilities*

Presenter: Heather Norton, MSW

## Thank You For the Following Donations

*All donations stay in the Central Virginia area to support individuals and families affected by autism.*

Annette Wineberger  
Capital One Services, LLC  
Cecil Comer  
Charles Hansen  
Charles Stover  
Cheyniqua Holland  
Connie Keith  
Cosby High School  
Cross Bearers Motorcycle Ministry  
David Krek  
Debra Stevens  
Donna Young  
Douglas Ebert  
Eric Schmude  
Evelyn Bullock  
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Janet Roberts  
John Embry Jr.  
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Publix  
Quinn Morse  
Robert King  
Sherita Johnson  
Technical and Management Resources  
Teresa Sparks  
The Hanover Insurance Group  
Todd Coolbaugh  
Tracey Matthews  
Wells Fargo Community Support  
William Janke

*The following donations were made in memory of Mary Hill-Hall:*  
Dorothy Williams  
Bethlehem Baptist Church

*The following donation was made in memory of Marianne Carlucci:*  
Edith White

*The following donation was made in honor of Master Michael Bugg:*  
Mary Jo Gravis

*The following donation was made in honor of Master Steven Dubuque:*  
Mary Jo Gravis

## SHOP AND SUPPORT AUTISM IN CENTRAL VA

Back to School means **SHOPPING!**

Consider making your purchases through Amazon Smile and designating the ASCV to receive 5% from your purchase.

There is no additional cost to you and you shop just like you would on Amazon.com. Just log into **smile.amazon.com** instead and choose "Autism Society Central Virginia" as your charity.





## WORKSHOPS AND CONFERENCES

- 09/09 **Autism: Putting the Puzzle Together Across A Lifespan;** Workshop features D.J. Svobada and covers topics including Autism 101, Transition from high school, Recreational Opportunities, Behavior and it's function, and other topics; 9am-3pm; Caroline County Government Center, Milford, VA; information available at <http://raacautismconference.eventbrite.com>
- 09/13 **Financial and Legal Workshop** hosted by The Arc of Hanover; 6pm-7:30pm; more information and registration <https://goo.gl/CAAjJL>
- 09/21 **Quality Elements of Customized Employment** free webcast from VCU-RRTC; 2pm; register at <http://vcurrtc.org/registration/webcast/index.cfm?webcastID=404>
- 09/21 **Connect for Success Symposium;** event sponsored by the Virginia Department of Education and VCU Partnership for People with Disabilities.  
<https://centerforfamilyinvolvement.vcu.edu/resources/training-opportunity-events/>
- 09/25 **Autism Research Symposium;** The symposium will feature Autism Research from Biomedical and Imaging, Technology, Education, and Clinical Translational fields; 7:30am-1:30pm; Virginia Tech Center for Autism Research; Falls Church, VA; information available at <http://vtcar.science.vt.edu/events.html>

### Now Enrolling *at*

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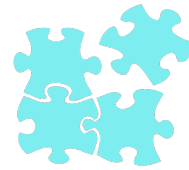
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## MEMBERSHIP FORM

Join with hundreds of individuals with autism, their families and other caring individuals; become a part of a larger community - the Autism Society Central Virginia. We can't be heard alone, but with more voices joining daily, that small voice can become a roar. We invite you to become a part of a community of hope.

### Membership in the Autism Society Central Virginia provides the following benefits:

- ASCV's monthly newsletter, the local resource for information regarding local and state autism-related issues, workshops, and community events
- ASCV's weekly e-mail updates
- Discounted workshops and conferences
- Free ASCV sponsored social/recreational activities

### Membership Levels:

\_\_\_ \$5 ~ Self-Advocate (Adult w/ ASD)      \_\_\_ \$25 ~ Household      \_\_\_ \$1500 ~ Lifetime

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_ Phone # \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail address: \_\_\_\_\_

*(By providing your e-mail, you will receive our weekly e-mail; your e-mail will be kept confidential)*

### Additional Donation:

\_\_\_ \$25      \_\_\_ \$50      \_\_\_ \$100      \_\_\_\_\_ please specify amount

### Payment information:

\_\_\_ Check (made payable to **Autism Society Central Virginia**)    \_\_\_ Visa    \_\_\_ Mastercard

Name on card: \_\_\_\_\_ Expiration: \_\_\_\_\_

Card #: \_\_\_\_\_

CVV# (security code on back of card) \_\_\_\_\_ **or join online at [www.ascv.org](http://www.ascv.org)**

Signature: \_\_\_\_\_

How would you prefer to receive your newsletter: ☐ by mail ☐ electronically

Which free gift may we send you: ☐ car magnet ☐ refrigerator magnet ☐ no gift needed

New Members, how did you hear about the ASCV? ☐ family ☐ friend ☐ internet ☐ other \_\_\_\_\_

### Please mail, email, or fax with payment to:

Autism Society Central Virginia  
200 South 3<sup>rd</sup> Street  
Richmond, VA 23219  
[outreach@ascv.org](mailto:outreach@ascv.org) (email)  
(804) 655-0484 (fax)

# Autism Society Central Virginia

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## Would you like to place an Ad in *"Into The Light"*?

Our newsletter reaches over 2500+ families, professionals, and educators on a monthly basis and is archived on our website. If you would like to place an advertisement, please email it to [info@ascv.org](mailto:info@ascv.org) or mail it to us at 200 South 3<sup>rd</sup> Street, Richmond, VA 23219. Deadline for entry and payment is September 15<sup>th</sup>.

### Ad Rates:

\$50.00 1/4 page (\$45 nonprofit)

\$75.00 1/2 page (\$68 nonprofit)

\$100 full page (\$90 nonprofit)

*Long term ad discounts: 6-11 months 10% discount, 12 months or longer 15% discount*

*The Board reserves the right to refuse to place an advertisement.*