

February 2018 Volume 26, Issue 1

# Into the Light

# BACK BY POPULAR DEMAND – THE ASCV IEP BOOT CAMP!

One of the key services the Autism Society Central VA (ASCV) provides is information and resources (I&R) via phone calls, emails, and in-person each day. We discuss various topics including Medicaid Waivers, adult services, school questions, etc. However, year after year one single topic rises to the surface – Individualized Education Programs/Plans (IEPs).

Join us on Friday, March 16th from 6:30pm-9:00pm and on Saturday, March 17th from 9:00am-2:00pm and become empowered with knowledge and understanding about the IEP process, language, and options. For more information about the topics to be covered, please see the flyer on page 16 in this newsletter. You can also find more information and registration here - <u>https://iepbootcamp2018.eventbrite.com</u>



Registration includes: IEP Boot Camp Toolkit, additional manuals and materials, pizza dinner on Friday and a light breakfast on Saturday. Registration closes on March 8, 2017 and may fill before that date, so register early!

#### From previous attendees of the ASCV IEP Boot Camp:

"Thank you for all your workshops. The Autism Society (Central VA) has provided me with the information to assist my son. He was finally approved for an IEP eligibility meeting June 1. Today we created a fantastic IEP for this coming fall!!! In your class, the statement that stuck out was to not go in the meeting with a Me against The School demeanor. It worked."

*"It (IEP Boot Camp) will make a huge impact on how prepared I feel for an IEP meeting. It empowered me to approach the meetings as an active and valued participant."* 

"I appreciate being given materials on all facets of the IEP process, as well as written materials to go back to without having to hunt them down."

Don't miss this empowering opportunity! Register today!

#### February 2018

#### Into the Light



#### Mission

To improve the lives of all affected by autism by maximizing the selfsufficiency, independence, and quality of life for all living with autism.

# Vision

We are the local voice and resource of the autism community in education, advocacy, services, and support, and are committed to meaningful participation and self-determination in all aspects of life for individuals on the autism spectrum and their families.

Any age. Any stage.

# Donate

Your gift will help support autism education, awareness, advocacy and most importantly, enable us to assist families and individuals living with autism in our community. You can help by making a donation today! **AUTISM SOCIETY** Improving the lives of All Affected by Autism Central Virginia

#### **BOARD OFFICERS**

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Recreational Facilitator: Lindsay Kozachuk, M.A.

This newsletter is a publication of: Autism Society Central Virginia. 200 South 3<sup>rd</sup> Street Richmond, Virginia 23219 (804) 257-0192

We accept for consideration any comments, personal vignettes, book reviews, information, announcements, or advertisements for publication in our newsletter. The deadline for submission for the March newsletter is February 15th. You may send your contributions to the above address or email contributions to info@ascv.org.

The Autism Society Central Virginia does not endorse nor promote any program or service provider. The information contained in this newsletter is provided for informational purposes only. The Board reserves the right to refuse to include any information, organization, business, or group where evidence-based practices are not evident. Ads for personal or organization fundraisers will not be accepted. The Society is a 501(c)3 organization providing information, support, and encouragement to individuals with autism, their families, and professionals in the Central Virginia area.

This edition was edited by ASCV staff.

# 16<sup>th</sup> Annual 5K Run/Walk for Autism May 26, 2018

Time to gear up for the Autism Society Central Virginia 16<sup>th</sup> Annual 5K Run/Walk for Autism!!!

Over the past sixteen years, the Autism Society Central Virginia 5K Run/Walk for Autism has grown from a small venture of a few families, to an annual event that attracts over 2000 people! It is one of our largest awareness and fundraising events!

**Event Details:** A family-friendly morning, which includes the Run/Walk, entertainment, food, exhibitors, and a fantastic Kid's Fun Zone. The 5K Run/Walk is a community event and one of the Autism Society Central Virginia's primary sources of income, raising over \$136,000 last year.

Date: Saturday, May 26, 2018

Time: Event Starts at 8 am, 5K Run/Walk starts at 9 am sharp! The event wraps up by 11 am.

Location: Innsbrook Pavilion, Glen Allen, VA

#### Ways You Can Participate:

- Register to Run/Walk http://ascv.org/ascv-5k/register/
- Form a Team and Recruit Members
- Start a **Fundraising** Page and Seek Donations
- Share this Information with Friends, Family, Co-Workers, Neighbors and Others in your Community
- Volunteer !!! We have volunteer opportunities for Friday, May 25th packet pickup, and for Saturday May 26<sup>th</sup> - <u>http://ascv.org/ascv-5k/volunteer/</u>
- Identify and Reach Out to Potential Sponsors! A wide range of sponsorship levels are available! <u>http://ascv.org/ascv-5k/sponsor/</u>
- Feel free to contact our Executive Director, Ann Flippin at <u>Ann.Flippin@ascv.org</u> to discuss sponsorships, recruiting company teams, or team fundraising ideas.

Have Questions: Check out the FAQ page of our website - http://ascv.org/ascv-5k/faqs/

As you can see, there are numerous ways in which you can support the 16<sup>th</sup> Annual 5K Run/Walk for Autism on May 26, 2018, and help the ASCV with our mission *to improve the lives of ALL affected by autism in Central Virginia.* We hope to see you there!



## Love those TEAMS!!!

Teams are the heart of the 5K Run/Walk for Autism! Over 70 teams participated in last year's 5K and we are looking forward to new teams joining us this year.

Forming a team is a great way to encourage family and friends to participate in the event. Many families form teams to honor their loved ones with autism, while others form a group based on a place of work, club or civic organization.

Teams also participate in "friendly competition" as they vie for the annual trophy awards of largest team, highest fundraising by a team and the Don Mayfield Spirit award.

# This year we are adding four additional team trophies: largest school team, highest fundraising by a school team, largest business/organization team, and highest fundraising by a business or organization.

The easiest way to form a team is by registering online. You will be guided through the process as you register. The person who would like to be the team captain should register first and provide the team name when prompted. As your friends and family register, they should choose to join your team to be added to your roster. It's that easy!

Each individual on a team can create a fundraising page to share with others, and all fundraising by team members counts for the total fundraising for a team.

Now is a GREAT time to get your team started online and start fundraising together!



# Autism Society Central Virginia Welcomes New Executive Director, Ann Flippin

The Board of the Autism Society Central Virginia (ASCV) is pleased to announce and welcome Ann Flippin as its new Executive Director as of January 15, 2018.

Ann comes to the ASCV with ten years of fundraising, development, and management experience. Her career began at the Greater Delaware Valley Chapter of Autism Speaks, where she managed several large scale events and initiatives, including their Philadelphia Walk. Most recently Ann was the Campaign Director for the Virginia Chapter of The Leukemia & Lymphoma Society. In her six years there, she oversaw several programs and events and had a track record for leading fundraising campaigns through substantial growth. Ann's experience with leading programs and partnering with boards, volunteers, participants, and sponsors will help move the ASCV into a new phase of sustainability and impact for the autism community.



Since Ann has a brother with autism (Jamie, age 26), she has experienced firsthand the challenges faced by individuals and families in our community. "My passion for and close connection to the ASCV's mission make me eager to begin this important role and be part of providing families with much needed programs and support," said Ann. "The ASCV has helped my family tremendously over the years, and I am honored to join this very talented and dedicated team."

Staci Carr, ASCV Board President, states "We, [the Board members of the ASCV] are thrilled to have Ann join us in carrying out the mission of the ASCV. Her personal connection to autism, her passion for growing the already outstanding services the ASCV provides, and her professional expertise offer a winning combination."

The ASCV Board is holding an Open House on Friday, February 9th from 5:30pm-6:30pm at River Road United Methodist Church to give ASCV families and the community an opportunity to meet Ann and welcome her as the Executive Director of the ASCV! We hope you and your family will be able to attend.

# March 2<sup>nd</sup> Recreation Resource Fair

The ASCV will host our 10<sup>th</sup> Annual Recreation Resource Fair, featuring over 25 providers serving children, youth, and adults with ASD. Come learn about opportunities for camps, social groups, music, dance, martial arts, soccer, sailing, swimming, gymnastics, and much more! This event is free and open to the community; learn more and register at <u>https://2018ascvresrecfair.eventbrite.com</u>



# **ASCV Member's Indoor Pool Event**

Escape the COLD days of winter, and join us for a warm indoor pool time! ASCV members watch your email for the Eventbrite invitation for this February 23<sup>rd</sup> evening swim!

The deadline to register/cancel for this event is 6pm on February 19<sup>th</sup>.

It's going to be a "SPLASHING" good time! We hope to see you there!



# **Registration Open for February 10<sup>th</sup> Sibshops**

The ASCV hosts Sibshops as an opportunity for brothers and sisters of children with any developmental disabilities to obtain peer support and education in a fun recreational environment. Our Sibshops are open to any sibling, ages 7-12, of a child with a special need. Sibshops acknowledge that being the brother or sister of a person with special needs is for some a good thing, for others a not-so-good thing, and for many somewhere in between. The Sibshop model intersperses information and discussion activities with recreation and games (designed to be unique, off-beat, and appealing). Registration closes on February 5th . Learn more and register here: <a href="http://ascv.org/meetings-events/sibshops/">http://ascv.org/meetings-events/sibshops/</a>



# A WARM ASCV WELCOME TO ...

**Lindsay Kozachuk** joined the ASCV as a Recreational Facilitator in February 2018, and will be working specifically with our Aspergers/HFA Teen Social Group. Lindsay is currently a doctoral student at VCU studying Counselor Education and Supervision. She graduated from the University of Central Florida with her B.S. in Psychology and M.A. in Marriage, Couples, and Family Therapy with a certificate in Play Therapy. Lindsay has worked with individuals of various ages with autism in both counseling and applied behavior settings. For four years she served as the membership-coordinator for Best Buddies at the University of Central Florida. Lindsay is passionate about working with families and children with autism, and her goal is to advocate and support each member of the family.





**Scott Sigman** joined the ASCV Board of Directors in February 2018. Scott is an attorney who practices in the areas of taxation and estate and trust administration. A Tennessee native, Scott came to Richmond by way of New Orleans, Berlin, London, Denver and Washington D.C. Scott received his Bachelor of Arts in Political Economy and German Cultural Studies from Tulane University and his law degree from the University of Richmond. Scott has over 15 years of experience volunteering with various charities across the country and is pleased to continue his commitment to community service as a Board Member. He lives in west Henrico with his wife and three children.

# 2018 I'm Determined Youth and Parent Summit Application Now Open

The I'm Determined Youth and Parent Summit is a two-day event held each June and sponsored by the Virginia Department of Education and the Partnership for People with Disabilities. Youth with disabilities from across the Commonwealth meet to network and discuss issues of importance to youth and young adults with disabilities. The Summit is open to Virginia youth with disabilities ages 13-21 and their parent(s).

The 2018 Summit will be held on June 13-15 at James Madison University. Housing, food, and transportation costs are covered for those accepted to participate.

More details and the application can be found at <u>www.imdetermined.org/youth-summit/</u> All applications are due by 5:00pm on March 9, 2018.



#### Make a Difference – Let Your Voice Be Heard

Virginia lawmakers came together for the 2018 legislative session on January 10th and will meet until March 10th. You can make a difference in the decisions they make! Contact your legislators and let them know how their decisions impact you and your family.

Not sure who your legislators are? You can input your address at <u>http://whosmy.virginiageneralassembly.gov/</u> to find the names and contact information for your legislators.

The ASCV is supporting the 2018 legislative agenda of the DD Coalition and the ARC of VA:

Funding slots for Priority 1 of the DD Waitlist over 2 years - Currently there are 12,000 people waiting to receive waiver services in VA. 1 in 4 of those people are on the URGENT (Priority 1) Waitlist. The Governor's budget included 875 waivers. We are asking for 2000+ additional waivers in order to fund all of the Priority 1 Waitlist. (Budget Amendment Items 303#12s and 303#1h)

Supporting Inclusive Education - We are asking to direct VDOE to work with two public school divisions in a pilot program of inclusive education. (HB 176 and SB 975)

The ASCV is also supporting this legislation:

Supporting Autism Insurance Coverage - This legislation would require health insurers, health care subscription plans, and HMOs to provide coverage for the diagnosis and treatment of autism spectrum disorder in individuals of any age. Currently, such coverage is required to be provided for individuals from age two through age 10. (HB1311 and SB593) \***Note**\* SB593 has been amended in the Senate to have an age cap of age 18.

Your legislators make their decisions based on what they hear from their constituents. Our voices together can make a difference for the futures of individuals with autism and our families.



This February, the Autism Society Central VA will sponsor or participate in the following events. For information: 804-257-0192 or info@ascv.org.

02/03	10am	Inclusive Lego & Game Club – Chester, details and registration: <a href="https://legochesterfeb2018.eventbrite.com">https://legochesterfeb2018.eventbrite.com</a>	
02/09	5:30pm	<b>Open House</b> welcoming New Executive Director, Ann Flippin	
02/09	7pm	<b>Monthly Program Meeting:</b> Say What You Need to Say: Helping Individuals with ASD Use Scripts Effectively: presented by Jackie Neidle MS, NBCT; details & registration: <u>https://asdscripting.eventbrite.com</u>	AUTISM Society Central
02/09	7pm	<b>Aspergers/HFA Teen Social Club</b> (Grades 6-10); free for ASCV members; check your e-mail for Eventbrite invitation	VIRGINIA
02/10		Sibshops, details and registration <a href="http://ascv.org/event/sibshop/">http://ascv.org/event/sibshop/</a>	FEBRUARY
02/13		ASCV Board Meeting	CALENDAR
02/17	2pm	<b>Sensory Friendly Movie</b> at the Byrd Theatre, Carytown; movie title: <i>Coco</i>	
02/18		<b>Bowling outing</b> for children/youth/adults with autism; free for ASCV members; check your e-mail for Eventbrite invitation	
02/23		<b>ASCV Family Winter Pool Fun;</b> free for ASCV members; check your e-mail for Eventbrite invitation	
02/24	10am	Inclusive Lego & Game Club – Downtown, details and registration: https://legodowntownfeb2018.eventbrite.com	
02/26	7pm	Adults with Aspergers/HFA Interest Group (open only to adults with Aspergers/HFA)	
02/26	7pm	<b>Deej Movie Screening:</b> a documentary about autism and inclusion; details and registration: https://deeimoviescreening.eventbrite.com	



### **FEBRUARY COMMUNITY OPPORTUNITIES**

#### (Dates provided as published by sponsoring organizations; contact organizations for confirmation)

- 02/01 **Minds of All Kinds**, Science Museum of VA, Sensory Friendly Experience; 5:30-8pm; advanced registration required; for more details <u>http://www.smv.org/upcoming-events/minds-of-</u> all-kinds-february-1
- 02/02 **Special Night for Special Needs** at Children's Museum Short Pump 5:30pm; for more information <u>http://www.c-mor.org/full-menu/calendar/</u>
- 02/03, 02/06 **Sensory Story Time** at Varina Area Library; for more information visit: <u>https://tinyurl.com/y7zlgqkr</u>
- 02/04 Chuck E. Cheese's Sensory Sensitive Sunday 9am-11am; 10430 Midlothian Turnpike, 23235; for more information contact 804-330-9865
- 02/05, 02/26 **Sensory Story Time** at Glen Allen Library; for more information visit: <u>https://tinyurl.com/y7zlgqkr</u>
- 02/05 Sky Zone Special Needs Sensory Friendly Night 5pm-6pm; for more information call 804-379-2500 or visit <u>http://www.skyzone.com/richmond</u>
- 02/05 **Hanover County Special Education Advisory Committee** meets at 7pm at Hanover County School Board Office, 200 Berkley Street, Ashland; open to the public
- 02/06 **Jumpology Special Needs Night** 5pm-7pm; <u>http://www.jumpology.us/Pricing-Hours</u> for more information
- 02/07 **Hopewell Special Education Advisory Committee** meets at 3:30pm at the Hopewell School Board Office, 103 North 12<sup>th</sup> Avenue
- 02/07 Chesterfield County Special Education Advisory Committee meets at 5pm at the Career and Technical Center, 13900 Hull Street Road, room A256; open to the public; topic: *Autism;* contact 804-639-8918 for more information
- 02/13 **Richmond City Special Education Advisory Committee** 6pm-7:30pm; open to the public; for more information: <u>https://www.rvaschools.net/Page/1277</u>
- 02/15 **Dinwiddie Special Education Advisory Committee** meets at 4:30pm at the Parent Resource Center, Room 305 at 12318 Boydton Plank Road; open to the public
- 02/20 **Monkey Joe's Special Needs Night** from 5pm-7pm; kids ages 2-12 with special needs are free; closed to the public; siblings welcome \$5; more details 804-897-5867
- 02/26 **Colonial Heights Special Education Advisory Committee** meets at 6pm in the AV Room at Colonial Heights Technical Center, 345 Coduit Road; open to the public
- 02/27 **Caminos Group** support group for Latino families with autism; meets at the Sacred Heart Center, 1400 Perry Street, Richmond, 23224 from 10am-12pm; RSVP at 804-646-0145
- 02/27 Henrico County Special Education Advisory Committee meets at 6:30pm at Brookland Middle School, 9200 Lydell Drive, Richmond; planning session; open to the public

## **NEWS FROM THE AUTISM SOCIETY CENTRAL VIRGINIA BOARD**

#### In December and January, the Autism Society Central Virginia worked to fulfill our mission To "improve the lives of all affected by autism" in the following ways:

#### Education

- Sponsored FBA & BIP Workshop in partnership with the VA Department of Education
- Presented Autism 101 to Steward School's Destination Imagination Club

#### Services and Support

- Hosted ASCV Member Holiday Party
- Sponsored Sensory Friendly Movies in collaboration with the Byrd Theatre
- Sponsored Inclusive Lego and Game Clubs
- Sponsored Adults with Asperger's Interest Group
- Sponsored Parents of Adults with Asperger's Group
- Sponsored bowling outing for children, youth, and adults with ASE

#### Awareness

• Exhibited at Sensory Friendly Santa at Regency Mall

#### Advocacy

- Attended Autism & Behavioral Health Stakeholders Meeting
- Attended DOJ Settlement Agreement Stakeholders Meeting
- Participated in DD Advocacy Day
- Hosted DBHDS Focus Group for parents/caregivers



#### Youth Leadership Academy Application Deadline is March 16, 2018

The Youth Leadership Academy, formerly known as the Youth Leadership Forum, is a training program held by the Virginia Board for People with Disabilities that seeks to empower youth with disabilities to further develop and demonstrate their leadership skills. Students participate in a wide range of personal, professional and career development activities, social skills enhancement, small group exploration, and interact with enthusiastic peers and successful role models while on the campus of Virginia State University.

To be eligible youth must:

- Have a developmental or other disability
- Be a rising high school sophomore, junior, or senior as of December 2017
- Have demonstrated leadership potential
- Reside in Virginia



More information and applications can be found here - https://www.vaboard.org/YLA.htm

#### **UPCOMING WORKSHOPS AND CONFERENCES**

- 02/01 **CCC Plus Informational Workshop**; 2pm-3:30pm; held in Conference Room "C" at Henrico Mental Health and Developmental Services at 10299 Woodman Road, Glen Allen; open to the public; for more information contact Anna Jones as 804-727-8434
- 02/03 Down Syndrome Association of Greater Richmond presents: From PossAbilities to Practical Applications Disability Education & Transition Conference; 9am-4pm; Hilton Richmond Hotel & Spa Short Pump; details & registration: <u>http://dsagr.org/educate/conferences/</u>
- 02/06 Colleges and Disabilities: 7 Things You Need to Know to Prepare for College free workshop; 6pm-7:30pm at Northstar Academy, 8155A Staples Mill Road, Richmond; details and registration: <u>https://tinyurl.com/y96z5egj</u>
- 02/07 **Sensible Sleep Strategies** by Torie Smith Tejral at 4pm; free webinar from Tri-State Autism Collaborative; details & registration: <u>www.surveymonkey.com/r/9758FW3</u>
- 02/09 Say What You Need to Say: Helping Individuals with ASD Use Scripts Effectively hosted by the ASCV; presented by Jackie Neidle MS, NBCT; details & registration: <u>https://asdscripting.eventbrite.com</u>
- 02/13 **Tips for Administrators** by Paige Carter & Noel Woolard at 3:30pm; free webcast from VCU ACE; details & registration: <u>https://tinyurl.com/y73a7bzf</u>
- 02/14 **Autism Spectrum Disorders & Girls** by Cara Woundy & Megan Hoffey at 4pm; free webinar from Tri-State Autism Collaborative; details & registration: <u>www.surveymonkey.com/r/7ZNPMXQ</u>
- 02/21 **Preparing to Move into Independent Housing** free webinar by DBHDS; 7pm-8pm; register by February 16, 2018 at <u>https://tinyurl.com/ybaxtvt9</u>
- 02/27 **Successful Transition Planning and the IEP: All You Need to Know** free webinar through PEATC; 11am; more details and registration: <u>https://tinyurl.com/ybzftar9</u>
- 03/07 **Rental Assistance & Housing Resources** free webinar by DBHDS; 7pm-8pm; register by March 2, 2018 at <u>https://tinyurl.com/ycnr4l9n</u>
- 03/07-03/08 **Commonwealth Autism Annual Conference: Raising Expectations**; speakers Dr. Peter Gerhardt and Hallie Hovey Murrary; at the Westin in Richmond; details & registration: <u>https://tinyurl.com/yd74mm8b</u>; scholarships available through February 17,2018
- 03/16-03/17 I.E.P. Boot Camp presented by the ASCV; details & registration: https://iepbootcamp2018.eventbrite.com
- 03/21 **Reasonable Accommodation & Modification Requests for Housing** free webinar by DBHDS; 7pm-8pm; register by March 16, 2018 at <u>https://tinyurl.com/yddptb6m</u>
- 03/21 Play Therapy Techniques in Early Childhood Settings: Supporting Social-Emotional Learning & Self-regulation by Christian Bellissimo at 2pm; free webinar from TTAC Online; details & registration: <u>https://tinyurl.com/y9clu4et</u>

# **Thank You To Our Volunteers**

Brie King Chris Del Bueno Hayden Vozar You Jin Nikolas Dore Freddy Derenthal Nuri Abdussalaam Soumya Choudhury **Courtney Graham** Kathy Graham Michael Evers-Daley Michael Manns Andrew Harris Kyle Helpard Nigel Cooper Yasaman Ataei Jenna Davila Aliyah Decker Lindsay Kozachuk Katelyn Nguyen Karen Orellana Johanna Robinson

Andy Gotttschalk **Courtney Harrison** Jenna Chun Allyssa White Maddy Nguyen Audrey Villanueva Linda Oggel Frank Grochowaski Maggie McKenna Lindsey Weeks Vaughan Sanderson Lauren Wenslau Submoi Lartev Luriel Balurea Kathryn Olon Liz Narwold Kavla Walker Andrew Fleetwood Kathryn Randall Emma Eggleton Kathryn Randall Hai Duong Tran

We would love to add your name to this list. We are always looking for individuals, 18 and older, who would like to get involved. Contact Tammy at <u>outreach@ascv.org</u> to find out how you can volunteer for the ASCV too!

# **Scholarship Opportunities**

The Autism Society Central Virginia (ASCV) is pleased to offer three types of scholarships for 2018. Qualifying households and/or individuals may apply for any or all of the following scholarships:

- Recreational and Social Scholarship award of up to \$300 annually per individual on the autism spectrum
- Education Enrichment Scholarship award of up to \$300 annually per household holding current ASCV membership
- Membership Scholarship award of up to \$25 annually per household



More information and applications can be found here - <u>http://ascv.org/about/recreational-scholarships/</u>

#### **Thank You to the Following Donors**

All donations stay in the Central Virginia area to support individuals and families affected by autism.

Eric Schumde Mamie Mayo **BJ's Resaturant** Kroger Eric Lowell Wanda Gentry Margaret Steele **Brock Goehler** Stephan Dubuque Jennifer Creasy Dawn Amos Ruth Skaggs Julia Cushman Gay Weston D. Alexander Michael Mahaney **Terry Nealy** Mary Rogers Walter Bogdan Jr. Debra Stevens Shauna Huffman **Ulrike Boettcher** C. Deirdre Turner Heather Hall M.D. Kinslow Andrea Fuller Nicole Harris Stephan Dubuque Barbara Sun Anne Deerv **Rita Paolino** Splash & Dash Sedona Taphouse Maggie L. Walker Governor's School **Colonial Heights High School** Bob Firestone & Co. Tina & Tony Mazzacane **Richmond Compensation Association** Heather Sutton William Beck Joseph Tregaskers DMD MS Markel Virginia Woodhead John Arseneua Lisa Keene **Tabitha Harris** Anne Deery

Suntrust Foundation William Janke Paul Warner Tracev Matthews Sherita Johnson Cheyniqua Holland Mary Peckens **Open Arms Christian Preschool** Larry Scarborough Ashly Richards Karen Isik Megh Burgess Lynn Rose Judy Acciarito Lisa Keene Cecil Comer Mark Rondina Todd Coolbaugh Montero Hardy Joseph Andrews Michael Curl Robert King William Charlton Bill & Betty Thompson Carole Christman Roberta Choss Maude Coggin Linda Oggel Todd Wright Photography Todd & Kelly Domaleski Samantha Hollins

*In memory of Michael Morlino-*Girl Scout Troop 701

*In honor of Matt Thompson*-Judith Kane

*In memory of Mary Hill Hall-*Patricia Cheeks-Beard

In honor of Kat Lynch-Marilyn & David Heebner Foundation

Thank You

# Save the Dates! Upcoming ASCV Learning Opportunities

Don't miss these fabulous Winter/Spring learning opportunities:

- March 2 Annual Recreation Resource Fair
- March 16 & 17 IEP Boot Camp
- April 26 Teaching Social Competencies with Social Thinking, presented by Michelle Garcia Winner





	UTISM SOC wing the Lives of All Affected Central	l by Autism		
I.E.P.	. Boot Enlist Today	Camp <sup>!</sup>		
empower par to understand and be in the I.E	vorkshop series will ents / caregivers ecome effective partne P. process. n sessions is required.	rs		
Topics covered and included in Boot Camp Toolkit:• Beginning with the End in Mind• What if You Don't Agree• Person Centered Planning• Collaboration Strategies• Present Level of Performance• Behavior Plans• Goals and Objectives• Transition• Accommodations / Modifications• Rights and Regulations• Extended School Year• And much, much more!				
Session Dates: March 16, 2018 (6:30pm-9pm) March 17, 2018 (9am-2pm)	Cost: \$15 ASCV Members \$35 Non-members **Plus Processing Fees** Scholarship Funds Available	Location: River Road United Methodist Church 8800 River Road Richmond, 23229		
Pizza dinner will be provided on 3/16 and a light breakfast will be provided on 3/17.	Space is limited – Register Early!	Co-Sponsored by: Center for Family Involvement		
	and to register:			

# FEB **26**





Inclusion shouldn't be a lottery.

# FREE FILM SCREENING

Brought to you as part of the nationwide DEEJ Inclusion Tour

# A documentary about autism and inclusion

Directed by Robert Rooy | Produced by Robert Rooy and DJ "Deej" Savarese

A nonspeaking young man dreams of autistic civil rights. With its insider view of autism, Deej challenges us all to live inclusion. River Road United Methodist Church 8800 River Road Richmond, VA 23229

7pm; doors open at 6:30pm

 $\label{eq:registration} \begin{array}{l} \mbox{Registration is requested. Register at } \underline{\mbox{https://deejmoviescreening.eventbrite.com}} \\ \mbox{For more information: email outreach@ascv.org or call 804-257-0192.} \end{array}$ 

Sponsored by: Autism Society Central Virginia, <u>www.ascv.org</u>

DeejMovie.com

#LiveInclusion

#DeejMovie



Call me for the protection you need and the service you want.

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Medicaid Provider of Applied Behavior Analysis

Rachel Rowden, M.A., BCBA, LBA (323)877-4990

Jackie Donaghy, M.S., BCBA, LBA (571)233-5924 rachel.rowden@abcbehavior.org jdonaghy@abcbehavior.org

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#### **EXAUTISM SOCIETY** Improving the lives of All Affected by Autism Central Virginia

#### **MEMBERSHIP FORM**

Join with hundreds of individuals with autism, their families and other caring individuals; become a part of a larger community - the Autism Society Central Virginia. We can't be heard alone, but with more voices joining daily, that small voice can become a roar. We invite you to become a part of a community of hope.

#### Membership in the Autism Society Central Virginia provides the following benefits:

- Free monthly bowling outings for children, youth, or adults with ASD
- Discounted workshops and conferences
- Free ASCV sponsored social/recreational activities including our annual family fun day, holiday party, and much more
- Free childcare at ASCV monthly program meetings

Membership Levels:					
\$5 ~ Self-Advocate (Adult w/ ASD) \$25 ~ Household \$1500 ~ Lifetime					
Name(s):					
Address: Phone #					
City: State: Zip:					
E-mail address:					
Additional Donation:					
\$25\$50\$100 please specify amount					
Payment information:					
Check (made payable to Autism Society Central Virginia) Visa Mastercard					
Name on card: Expiration:					
Card #:					
CVV# (security code on back of card) or join online at www.ascv.org					
Signature:					
Which free gift may we send you:  Car magnet  refrigerator magnet  no gift needed New Members, how did you hear about the ASCV?  family  friend  internet  other					
Please mail, email, or fax with payment to: Autism Society Central Virginia					

Autism Society Central Virginia 200 South 3<sup>rd</sup> Street Richmond, VA 23219 <u>outreach@ascv.org</u> (email) (804) 655-0484 (fax)

# Autism Society Central Virginia

200 South 3<sup>rd</sup> Street Richmond, VA 23219 Non-Profit Organization U.S. Postage PAID Midlothian, VA Permit No. 132

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# Would you like to place an Ad in "Into The Light"?

Our newsletter reaches over 700+ families, professionals and educators on a monthly basis and is archived on our website. If you would like to place an advertisement, please email it to info@ascv.org or mail it to us at 200 South 3<sup>rd</sup> Street, Richmond, VA 23219. Deadline for entry and payment is February 15th.

> Ad Rates: \$50.00 1/4 page (\$45 nonprofit) \$75.00 1/2 page (\$68 nonprofit) \$100 full page (\$90 nonprofit)

Long term ad discounts: 6-11 months 10% discount, 12 months or longer 15% discount The Board reserves the right to refuse to place an advertisement.