

Into the Light



ACCESSING SERVICES & SUPPORTS AT HOME AND IN THE COMMUNITY WITH MEDICAID WAIVERS

Join us on Friday, September 7, 2018 at 7:00 pm for a FREE workshop on Virginia's Medicaid Waivers. Home and Community Based Medicaid Waivers provide funding for services and supports for children and adults with developmental disabilities to live at home and in the community. Eligibility is not based on income.

Learn the basics during this free workshop as we explore Virginia's Developmental Disability Waiver (DD Waiver) and the Commonwealth Coordinated Care Plus Waiver (CCC+ Waiver). We'll share information on what waivers are, who is eligible, what services are available, and how to apply. This workshop is intended for: parents/guardians of individuals with developmental disabilies, self-advocates, providers, and/or educators.

The workshop will be presented by Bradford Hulcher, VA Medicaid Waiver Mentor, and held at River Road United Methodist Church, 8800 River Road, Richmond 23229. Registration is requested: <u>https://waiverwkshp.eventbrite.com</u>



Mission

To improve the lives of all affected by autism by maximizing the self-sufficiency, independence, and quality of life for all living with autism.



We are the local voice and resource of the autism community in education, advocacy, services, and support, and are committed to meaningful participation and self-determination in all aspects of life for individuals on the autism spectrum and their families. Any age. Any stage.

Donate

Your gift will help support autism education, awareness, advocacy and most importantly, enable us to assist families and individuals living with autism in our community. You can help by making a donation today! **AUTISM SOCIETY** Improving the lives of All Affected by Autism Central Virginia

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This newsletter is a publication of: Autism Society Central Virginia.

200 South 3rd Street, Richmond, Virginia 23219

(804) 257-0192

We accept for consideration any comments, personal vignettes, book reviews, information, announcements, or advertisements for publication in our newsletter. The deadline for submission for the October newsletter is September15th. You may send your contributions to the above address or email contributions to info@ascv.org.

The Autism Society Central Virginia does not endorse nor promote any program or service provider. The information contained in this newsletter is provided for informational purposes only. The Board reserves the right to refuse to include any information, organization, business, or group where evidence-based practices are not evident. Ads for personal or organization fundraisers will not be accepted. The Society is a 501(c)3 organization providing information, support, and encouragement to individuals with autism, their families, and professionals in the Central Virginia area.

ASCV Spotlight

The ASCV Spotlight is a column that features individuals, families, events and organizations that are living the Autism Society Central Virginia's mission of improving the lives of all affected by autism by maximizing the self-sufficiency, independence, and quality of life for all living with autism. This month's column features ASCV member, Kefu Dorion. Special thanks to Kefu and her family for contributing this article to the September Newsletter.

Our first born, Ty, was diagnosed with autism during the fall of 2014 at the tender age of 11 months. Despite the heart breaking diagnosis, our hopes and dreams for him didn't completely shatter. That said, at first it was extremely difficult for us to swallow the news knowing that Ty would learn, communicate, and socialize with his peers in his own special way and pace. However, in the past several years, Ty never ceases to amaze us with his development and achievements. With the early intervention he's been receiving, and support from ASCV, our family feels whole. If you met Ty, you'd know he is a happy and loving three-



year-old, who has a big heart for his teachers, friends, and family members. He has a special love for math, reading, singing, playing chase with his little brother, and swimming.



On top of his busy school schedule and extracurricular activities, Ty loves to travel. Nick and I were raised in different countries on opposite sides of the world, and we traveled extensively before Ty was born. These world travels continued shortly after his birth at two months old, with a second trip back to China before his first birthday. After we learned of Ty's super powers (ASD), we decided to stay the course, taking him wherever we wanted to go, including more trips to China, Europe, up and down the east coast, and to see family out west. These trips are filled with so many difficult moments including spilled food, running around on airplanes, sleepless nights due to jet lag, crying, meltdowns, wandering, refusal of new foods, etc. We're completely exhausted throughout, and thankful once back home.

However, as we look back, these are the moments that are so vivid, full of emotion, and adventure. They're amazing learning opportunities for us as parents, and for Ty. We're forced to create new routines, and expose Ty to new sights and sounds. We've learned to pick our battles, but more importantly how to let the small things go. So whether it is the grocery store, library, work function, play date, or international travels, Ty is with us to experience every learning opportunity confronted during our daily lives. We are closer than ever as a family because of it.





Sponsorships Available from \$250-\$2,500

Become a sponsor or register a team today! www.ascv.org/golf

Tournament Includes:

- 18 holes with Cart
- Boxed Lunch
- Sponsor Swag
- Contests & Prizes
- Dinner & Awards Reception

Autism Society Central Virginia - development@ascv.org - 804.257.0192

IMPORTANT INFORMATION FOR INDIVIDUALS ON THE WAIVER WAITLIST IN VIRGINIA

The Individual and Family Support Program (IFSP) has announced its timeline for the 2019 IFSP cycle. IFSP funding provides cash assistance for services, supports, and items for individuals with a developmental disability while they are on the waiver waitlist.

All application information will be posted on the IFSP website at <u>http://dbhds.virginia.gov/</u> <u>developmental-services/ifsp</u>

The 2019 application submission date is October 10th beginning at 9am. Applications can be accessed at the above DBHDS website link and saved as a draft beginning September 10th.

See the flyer on page 18 for more information.

ASCV SUMMER MEETUPS

Members & friends of the ASCV were invited to several "meetups" this summer! The events included visits to the Children's Museum, ARC Park, Dave & Buster's, Strangeway's Brewery and Chuy's Mexican restaurant. The ASCV also hosted a Sibshops Pool Party in July. We had a great turnout at each event and it was fun catching up with families over the summer months.



This fc			
09/07	7pm	Accessing Services and Supports at Home and in the Community with Medicaid Waivers Workshop; details & registration here: <u>https://waiverwkshp.eventbrite.com</u>	
09/08	12:30pm	Support Group for Parents of Children with ASD Ages 0-8; details & registration: https://septsupgroup.eventbrite.com	
09/11		ASCV Board Meeting	AUTISM Society
09/15	2pm	Sensory Friendly Movie at the Byrd Theatre, Carytown	CENTRAL
09/16		Bowling outing for children/youth/adults with autism; free for ASCV members; check your email for Eventbrite invitation	VIRGINIA
09/24		Glass Blowing Class at The Glass Spot benefiting the ASCV; details & registration: https:// www.richmondglassspot.com/online-booking	SEPTEMBER CALENDAR
09/24	7pm	Adults with Asperger's/HFA Group	
09/24	7pm	Parents of Spectrum Adults Support Group	
09/29		Sons of Dominion 6th Annual Autism Poker Run; see flyer on page 16 for more information	
09/29	10am	Inclusive Lego & Game Club – Downtown; details and registration: <u>https://septemberlego.eventbrite.com</u>	
10/01		Glass Blowing Class at The Glass Spot benefiting the ASCV; details & registration: https://www.richmondglassspot.com/online-booking	

Connect with the ASCV Through Social Media





FOLLOW US ON Instagram



ASCV NIGHT AT POSITIVE VIBE CAFÉ A BIG SUCCESS!

Friends of the ASCV enjoyed dinner out at the Positive Vibe Café in July, with a portion of the proceeds benefiting the ASCV. Richmond Mayor Levar Stoney also made a guest appearance and mingled with our families. Thank you to Positive Vibe Café for a wonderful evening of friendship & inclusion!



Support the ASCV by Taking a Class at The Glass Spot

They are donating back part of each registration fee, and you get to take home your own glass blown pumpkin or holiday ornament!



Glass Blown Pumpkins Monday, September 24, 2018 5:30pm & 7pm classes 10 slots per class



Glass Blown Ornaments Monday, October 1, 2018 5:30pm & 7pm classes 10 slots per class

Visit the link below to find out more and register for a class! https://www.richmondglassspot.com/online-booking

















Thanks to all of our ASCV members that came out to our annual Family Fun Day in August! Families enjoyed Joey's Hot Dogs, games, bounce houses, and music. Special thanks to Noodles & Co. for providing a delicious buffet and to Bach 2 Rock for the musical entertainment!







SEPTEMBER COMMUNITY OPPORTUNITIES

(Dates provided as published by sponsoring organizations; contact organizations for confirmation)

- 09/02 **Chuck E. Cheese's Sensory Sensitive Sunday** 9am-11am; 10430 Midlothian Turnpike, 23235; for more information contact 804-330-9865
- 09/02 Richmond Asperger's and Neurodiversity Information and Support; Women's 18+ Camaraderie Meetup and Social 12pm at Positive Vibe Café, 2825 Hathaway Road, Richmond, 23225; for more information: https://www.facebook.com/groups/RVAspergers/
- 09/03 **Sensory Story Time** at Glen Allen Library; for more information visit: <u>https://tinyurl.com/y7zlgqkr</u>
- 09/03 Sky Zone Special Needs Sensory Friendly Night 5pm-6pm; for more information call 804-379-2500 or visit <u>http://www.skyzone.com/richmond</u>
- 09/04 **Jumpology Special Needs Night** 5pm-7pm; <u>http://www.jumpology.us/Pricing-Hours</u> for more information
- 09/04, 09/08 Sensory Story Time at Varina Area Library; for more information: https://tinyurl.com/y7zlgqkr
- 09/07 **Special Night for Special Needs at the Children's Museum– Central** at 5:30pm; for more information: <u>http://www.c-mor.org/full-menu/calendar/</u>
- 09/10 Richmond Asperger's and Neurodiversity Information and Support; Adults 18+ Dinner and Meetup 6pm at Burger Bach3426 W Cary St, Richmond, 23221; for more information: <u>https://www.facebook.com/groups/RVAspergers/</u>
- 09/10 **Hanover SEAC Meeting** at 6:30pm; Hanover School Board Office, 200 Berkley St.; for more information, call 804-365-4596
- 09/16 **Friendship Circle of VA Kick-off Event at Jumpology**; 3-5pm; register here: <u>https://www.friendshipcircleva.org/upcomingevents</u>
- 09/17 **Colonial Heights SEAC Meeting** at 6pm; Colonial Heights Technical Ctr, 3451 Conduit Rd.; for more information, email liatremblay@gmail.com
- 09/17 **Goochland SEAC Meeting** at 6pm; Goochland School Board Office, 2938 River Rd W.; for more information, call 804-556-5615
- 09/25 Henrico SEAC Meeting at 6:30pm; Brookland Middle School, 9200 Lydell Drive; for more information, call 804-652-3866
- 09/26 **Caminos Group** support group for Latino families with autism; meets at the Sacred Heart Center, 1400 Perry Street, Richmond, 23224 from 10am-12pm; RSVP at 804-646-0145
- 09/28 VA Repertory Theatre Sensory Friendly performance of "The Curious Incident of the Dog in the Night-time for schools; November Theatre; 10:30 am; see flyer on page 15 for more information



1. Do your research

First, find out as much as you can about your child's next year. Will they need extra support? Is the school aware of their challenges? Can you meet with your child's teacher(s) before school starts so you can set a game plan that is comfortable for everyone?

2. Dress for Success

Does your school have a dress code? Makes sure you include the "Dress for Success" code too: a calming deep pressure shirt which can be

worn alone, under a vest, or under a school uniform; weighted or pressure vest to be worn in intervals or during mores stressful times; seamless under garments with no tags; backpack that is easy to manage; fidgets to keep in handy when needed; and perhaps a weighted cap.

3. Is the School Sensory Friendly?

If you child needs sensory breaks, is the school set up? Perhaps a meeting and a bit of "sensory room" education may not only help your child but many others. Does your child's classroom have a Break Box? This may be a good time to suggest one for your child's classroom. The teacher may really appreciate the gift!

4. Put Some Energy in your Routines

Take a look at your morning and afternoon routines. A bit of coordination and movement either before getting in the car or bus may prove highly beneficial. Do you have some things at home that you can set up? A trampoline? An obstacle course? A swing?

5. <u>Start Minimizing Electronics</u>

They can be great for use at certain intervals but if your child is on them too much, it can cause a difficult transition back to school. Try setting scheduled times.

6. Meal Planning for Success

Plan some menus that will boost up your child's brain and immune system. If you send in snacks or lunch try considerations some great sensory foods that are crunchy and chewy such as celery, apples and carrot sticks. Stay away from packing sweets, which can spike sugar levels and cause a mid day crash.

7. Check out some Sensory Friendly School Supplies

In addition to pencils and glue for school supplies, your child may benefit from adaptive paper, pencil grips or a wobbly cushion. These items may or may not be on your school supply list, so be sure to check with the school if you feel your child would benefit from using them.

8. Add Some Work to the Schedule Now

Begin a little bit of scheduled "work time" during the afternoon for reading, math or other subjects.

9. Post the Schedule for the Day in the House

Create a morning and afternoon schedule and post it up on the wall so everyone is aware.

10. Stay Positive

Keep an upbeat attitude about school starting and make sure you check in with your child's teacher(s) a week or two after school starts if a meeting is not already in place.

Have a wonderful school year!!

Article by Ilana Danneman- Pediatric Physical Therapist, Contributor to Friendship Circle in Michigan

WORKSHOPS & CONFERENCES

- 09/08 **PEATC Parent & Youth Empowerment Summit**; Great Wolf Lodge in Williamsburg; 7:30am-4:30pm; details & registration here: <u>https://tinyurl.com/ybqw6m64</u>
- 09/09 **Everything You Ever Wanted To Know About ABA** presented by The Richmond Asperger's & Neurodiversity Information & Support Group at St. Mark's Church in Midlothian; 3pm; details & registration: <u>https://tinyurl.com/ybf96c2k</u>
- 09/10 **REACH Overview Lunch & Learn** at Region IV REACH Office; 11:30am-1pm; details & registration: <u>https://tinyurl.com/ybgot6j2</u>
- 09/18 **Social Security Disability Clinic presented by DisAbility Law Center of VA**; 9am-4pm; details & registration: <u>https://tinyurl.com/y8onscxc</u>

VCU CENTER ON TRANSITION INNOVATIONS OFFERING TWO ONLINE COURSES

CTI's "Work-Based Learning: Changing the Outcomes" is available as a self-paced course! Take advantage of the flexibility to register at any time and proceed through the content at your own pace. To access course registration and to learn more about this professional development opportunity, click here: <u>https://centerontransition.org/training/courses.cfm</u>

"Get Ready for College: A Resource for Teens with Disabilities" is a free, online resource that provides students, educators, families, and disability stakeholders with the information needed to successfully navigate the college preparation, selection, and disability services process. Participants can register at any time and proceed through the content at their own pace. To access course registration, click here: <u>https://centerontransition.org/training/courses.cfm</u>



Coming this fall... The Autism Society Central Virginia is expanding it's Teen Group for ASCV members, to include middle and high schoolers in grades 6-12 with Aperger's/HFA.

The groups will be split into two, with 6-8 graders meeting from 6-7:30pm and the 9-12 graders will meet afterwards, from 7:45-9:15pm. Fall meeting dates have been set, so mark your calendars: October 5, November 9 and December 7. Be on the lookout for your Eventbrite invitation!

Not a member, but want your teen to attend? Membership is just a click-away: <u>https://tinyurl.com/</u> <u>ascvmembership</u>

CARRYING OUT THE ASCV MISSION

In July & August the Autism Society Central Virginia worked to fulfill our mission to "improve the lives of all affected by autism" in the following ways:

Education

• Assisted the VA Repertory Theatre with sensory friendly performances

Services and Supports

- Sponsored Sensory Friendly Movies in collaboration with the Byrd Theatre
- Sponsored Support Groups for Parents of Young Children with ASD
- Sponsored Adults with Asperger's/HFA Groups
- Sponsored Parents of Adults with ASD Support Groups
- Sponsored Sibshop Pool Party
- Hosted two meetups at Children's Museum
- Hosted two meetups at ARCPark
- Hosted meetup at Dave & Buster's sensory friendly Sunday
- Hosted meetup at Buz & Ned's
- Hosted meetup at Positive Vibe Cafe
- Hosted Teen Group Bowling Event
- Hosted Annual Member Family Fun Day
- Hosted meetup at Westchester Commons concert

Awareness

- Exhibited at Cross Bearers Motorcycle Ministry's "Ride 4 Autism"
- Presented ASCV Overview to SunTrust Employees
- Participated in WRIC 8 Interview

Advocacy

- Attended Autism Society National Conference in Baltimore, MD
- Attended Settlement Agreement Stakeholder Meeting
- Attended ARC of VA State Convention
- Attended Virginia Autism Council Meeting

REMEMBER THE ASCV WHEN SHOPPING ON AMAZON!

Consider making your purchases through Amazon Smile and designating the ASCV to receive 5% from your purchase. There is no additional cost to you and you shop just like you would on Amazon.com. Just log into <u>smile.amazon.com</u> instead and choose "Autism Society Central Virginia" as your charity.





Nancy Andelin Jake Andelin Linda Oggel Madison Nahrup Jennifer Wells Kaustav Rajesh Kate Fletcher Gary Fletcher Julia Snow Anthony Montgomery Janet Morgan Nate Withers Sara Christian Parker Colson Shannon Colson Brie King Bradford Hulcher Sons of Dominion MC

We would love to add your name to this list. We are always looking for individuals, 18 and older, who would like to get involved. Contact Tammy at outreach@ascv.org to find out how you can volunteer for the ASCV too!



Thank You to the Following Donors

All donations stay in the Central Virginia area to support individuals and families affected by autism.

Amrinder Singh V. Carol Cho Denise Spencer Jennifer Warren Eric Schmude Mamie Mayo Paul Warner William Janke Larry Scarborough Lisa McAlexander Lisa Keene Kimberly Hughes Jeffrey Burchett Justin Diggs Joseph Piwowarski

Craig Radcliff William Walker Joseph Andrews Lakiesha Bonner Robert King Michael Curl River Road United Methodist Women Woodlake Community Association Good Shepherd Baptist Church Patricia Lange Larry Scarborough Charles & Pamela Gontkovic Paul Quel John R Mason Unique4Life

Donation made in memory of Phyllis Tomes by Rebecca Justice Donations made in memory of Ronald Jerod Barnes by Carolyn Elliot



Cross Bearers Motorcycle Ministry hosted the fourth annual "Ride 4 Autism" for autism awareness. They raised \$1200 for the Autism Society Central VA. Thank you for your support, CBMM!



Fifteen-year-old Christopher is on the autism spectrum; he is exceptionally intelligent but ill-equipped to interpret everyday life. When he's suspected of killing the neighbor's dog, he sets out to identify the true culprit, which leads to an earth-shattering discovery and a journey that will change his life forever. Based on the best-selling book by Mark Haddon.

TWO SENSORY FRIENDLY PERFORMANCES!

FRI, SEP 28, 10:30am For schools SAT, OCT 6, 2:00pm For families

Virginia Rep's Children's Theatre is proud to offer sensory friendly performances specifically for children with autism and other sensory or social disabilities. During these select performances, changes will be made in lighting, sound, seating arrangements, and length of performance to create a more welcoming environment for this audience.

These performances are **free of charge** and available by special reservation. Please call the Box Office at **804-282-2620**.

COMMUNITY SPONSOR: Autism Society Central Virginia

CALL OR GO TO WEBSITE FOR TICKETS TO REGULAR PERFORMANCES

November Theatre 114 West Broad Street, Downtown RVA

VIRGINIA REPERTORY THEATRE | 804-282-2620 | VIRGINIAREP.ORG





Join the Sons of Dominion Motorcycle Club as we support the Autism Society Central Virginia in raising funds and awareness for the cause of Autism. Enjoy a beautiful morning of riding, raffles,food and great prizes all in support of the ASCV

Go to www.SONSOFDOMINION.com for more details



October 5-6, 2018 The Big Picture: Advancing Autism Services across the Lifespan



Featuring:





Dr. R. Douglas Greer Dr. Louis Hagopian Suzanne Letso Visit our website for more details: **www.faisoncenter.org**

For more information on The Faison Center 2018 Annual Conference, visit:

https://www.faisoncenter.org/the-faison-center-annual-conference



Individual and Family Support Program (IFSP) Funding Update Aug

August 2018

What is **I**FSP-Funding?

The Individual and Family Support Program (IFSP) Funding provides cash assistance for services, supports, and items for individuals with a developmental disability that enhances or improves their quality of life and promotes independence and community-based living.

Who can apply?

Individuals with a developmental disability or their family member and who are on the DD Waitlist.

For more information about the waiver waitlist, please visit or contact your local community services board (CSB).

Important Dates FY 2019 Funding

August 13, 2018- Funding Announcement Release

September 10, 2018- First day to save a draft

October 10, 2018- First day to submit an application

November 8, 2018- Last day to submit an application

Where can I get more information?

The IFSP Funding Program website is your go to source for updates and changes to IFSP Funding.

SAVE THE DATE

IFSP Funding Application submission opens October 10, 2018.

We are excited to bring you this update about FY 2019 Individual and Family Support Program (IFSP) Funding. Please remember: All application information will be posted on the IFSP website at http://www.dbhds.virginia.gov/individuals-and-families/developmental-

disabilities/community-support-services.

Just like last year, all applications must be submitted on-line using the IFSP Application web portal located at https://ifsponline.dbhds.virginia.gov.

FY 2019 IFSP Funding Timeline

- DBHDS will release information about the FY 2019 IFSP Funding on the DBHDS website on August 13, 2018. If you would to receive email updates when new information is released, please sign up for email alerts at <u>https://tinyurl.com/IFSPlistserv</u>.
- September 10, 2018 is the first day to save an application draft. You will be able to review the application, fill in your information, and save a draft copy. If you need to make changes, you will be able to correct or edit your information. You will not be able to submit your application before the submission date.
- On October 10, 2018 at 9:00 am, applicants will be able to submit a completed application.
 You will not be able to submit your application before the submission date. Remember, the IFSP Funding Program provides assistance on a first-come- first-served basis. Early applications are encouraged.

November 8, 2018 is the last day to submit a FY 2019 IFSP Funding Application.

FY 2019 On-line Application

The FY 2019 IFSP will be an on-line web application. IFSP staff will be available to help anyone who needs assistance with navigating the on-line application. We will also post on-line tutorials and offer community trainings to help you get used to the new system. To find out when we a training will be held in your community, please sign-up for our email list.

What you will need to apply for FY 2019 Funds

✓ Access to a computer or mobile device with an internet browser. FY 2019 applications will be submitted on-line and you can complete an application using a computer, a smartphone, or a tablet.

✓ You will need a **valid email address** since all information about your application will be sent by email. For previous applicants, you may complete your FY 2019 application by logging in with your previously provided email address. If you need to use a new email address, please register with the new email address.

✓ Please make sure you have an **accurate social security number** and **date of birth** for both the applicant and the responsible party. You will need to provide the social security number of the individual who is on the DD Waiver Waitlist, so please verify that you have the correct information.



Virginia Department of Behavioral Health & Developmental Services

Our Mission: A life of possibilities for all Virginians

Don't Miss Our Upcoming
Fall WorkshopsAUTISM SOCIETY
Improving the Lives of All Affected by Autism
Central Virginia



Accessing Services and Supports at Home and in the Community with Medicaid Waivers

Presenter: Bradford Hulcher, Virginia Medicaid Waiver Mentor



Autism, Puberty, and Sexuality: What You Need to Know and How to Teach It

Presenter: Dr. Staci Carr, Technical Assistance Coordinator for VCU ACE



Transition to Adulthood with ASD: What Parents and Guardians Need to Know Presenters: Tammy Burns, M.Ed. and Bradford Hulcher

More information on these free public workshops can be found on our website www.ascv.org/meetings-events



Would you like to place an Ad in "Into The Light"? Our newsletter reaches over 700+ families, professionals and educators on a monthly basis and is archived on our website. If you would like to place an advertisement, please email it to info@ascv.org or mail it to us at 200 South 3rd Street, Richmond, VA 23219. Deadline for entry and payment is the 15th of the month.

Ad Rates: \$50.00 1/4 page (\$45 nonprofit) \$75.00 1/2 page (\$68 nonprofit) \$100 full page (\$90 nonprofit) Long term ad discounts: 6-11 months 10% discount, 12 months or longer 15% discount.

The ASCV Board reserves the right to refuse to place an advertisement

AUTISM SOCIETY Improving the lives of All Affected by Autism Central Virginia

MEMBERSHIP FORM

Join with hundreds of individuals with autism, their families and other caring individuals; become a part of a larger community - the Autism Society Central Virginia. We can't be heard alone, but with more voices joining daily, that small voice can become a roar. We invite you to become a part of a community of hope.

Membership in the Autism Society Central Virginia provides the following benefits:

- · Free monthly bowling outings for children, youth, or adults with ASD
- Discounted workshops and conferences
- Free ASCV sponsored social/recreational activities including our annual family fun day, holiday party, and much more
- Free childcare at ASCV monthly program meetings

Membership Levels:					
\$5 ~ Self-Advocate (Adult w/ ASD)	\$25 ~ Household	\$1500 ~ Lifetime			
Name(s):					
Address:	Phone #				
City:	State:	_Zip:			
E-mail address:					
Additional Donation:					
\$25\$50\$100	please specify an				
Payment information:					
Check (made payable to Autism Society Central Virginia) Visa Mastercard					
Name on card:		Expiration:			
Card #:					
CVV# (security code on back of card) or join online at www.ascv.org					
Signature:					
Which free gift may we send you: Car magnet refrigerator magnet no gift needed					
New Members, how did you hear about the ASCV? \Box family \Box friend \Box internet \Box other					

Please mail, email, or fax with payment to: Autism Society Central Virginia

200 South 3rd Street Richmond, VA 23219 <u>outreach@ascv.org</u> (email) (804) 655-0484 (fax)