



Into the Light

OCTOBER WORKSHOP AUTISM, PUBERTY & SEXUALITY: WHAT YOU NEED TO KNOW & HOW TO TEACH IT



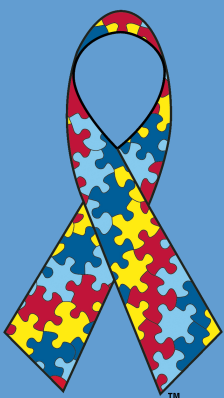
Join the ASCV, on Friday, October 5, 2018 at 7:00 pm for a FREE workshop on Autism, Puberty and Sexuality. Social and sexual development occurs together, however often not at the same rate for individuals with Autism. Presented by Staci Carr, Ph.D., this workshop will help attendees understand both social and sexual development and how to prepare your family member for puberty and relationships, thus improving a person's quality of life.

The goals of this workshop are to help parents and caregivers:

- Promote health, safety and abuse prevention;
- Recognize and understand an individual rights;
- Be proactive – prevent crises;
- Focus on the positive – not problems;
- Reduce confusion and uncertainty around sexuality and autism;
- Increase knowledge;
- Increase self-advocacy and self determination for individuals with ASD.

Our presenter, Staci Carr, received a Master's degree in education from Harvard and a Ph.D. in Developmental Psychology from Virginia Commonwealth University. Since 1993, Staci has been working and conducting research in the field of Autism Spectrum Disorder, specifically addressing Social Skills Training and Social Competence, Quality of Life, Transition to College, Relationships and Sexuality, and First Responder Training and Preparedness. She has worked in Michigan, New York, Massachusetts, Rhode Island, and Virginia developing programs to support individuals in a variety of settings with varying abilities. Dr. Carr has also consulted nationally on issues related to adolescents and young adults with ASD.

The workshop will be held at River Road United Methodist Church, 8800 River Road, Richmond. Registration is requested: <https://autismpubertywkshp.eventbrite.com>.



Mission

To improve the lives of all affected by autism by maximizing the self-sufficiency, independence, and quality of life for all living with autism.

Vision

We are the local voice and resource of the autism community in education, advocacy, services, and support, and are committed to meaningful participation and self-determination in all aspects of life for individuals on the autism spectrum and their families. Any age. Any stage.

Donate

Your gift will help support autism education, awareness, advocacy and most importantly, enable us to assist families and individuals living with autism in our community. You can help by making a donation today!



BOARD OFFICERS

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This newsletter is a publication of: Autism Society Central Virginia.
200 South 3rd Street, Richmond, Virginia 23219
(804) 257-0192

We accept for consideration any comments, personal vignettes, book reviews, information, announcements, or advertisements for publication in our newsletter. The deadline for submission for the November newsletter is October 15th. You may send your contributions to the above address or email contributions to info@ascv.org.

The Autism Society Central Virginia does not endorse nor promote any program or service provider. The information contained in this newsletter is provided for informational purposes only. The Board reserves the right to refuse to include any information, organization, business, or group where evidence-based practices are not evident. Ads for personal or organization fundraisers will not be accepted. The Society is a 501(c)3 organization providing information, support, and encouragement to individuals with autism, their families, and professionals in the Central Virginia area.

ASCV Spotlight

The ASCV Spotlight features individuals, families, events and organizations that are living the Autism Society Central Virginia's mission of improving the lives of all affected by autism by maximizing the self-sufficiency, independence, and quality of life for all living with autism. This month's column features ASCV member, Cindy Szymonik. Special thanks to Cindy and her family for contributing this article to the October Newsletter.

A long time ago, long before I had kids, and long before I even knew what autism was, I had a job interview where the interviewer asked me to describe a time where I "thought out of the box". That phrase was newly coined at the time, and it threw me off a bit, though I could understand what he was talking about. I had just never heard it described that way before then. Fast forward a few decades and I am now the mom of two wonderful teenaged boys on the autism spectrum. The older one, Cole, is very high functioning, does great in school, just struggles a bit with social interaction. He is a bit reminiscent of Sheldon Cooper at times, but with a wicked sense of humor. He will be headed to college next year. His younger brother Ty will be 16 in a few months, and is at pretty much the opposite end of the spectrum. I can tell he is intelligent, but his lack of communication skills makes it difficult to use the intelligence he has in real life.

So anyway, in the process of raising these two young men, I have DEFINITELY learned to 'think out of the box' in order to survive in daily life. During the times of struggle and need when I have come up with these solutions, they don't seem funny. But after the fact, they kinda do!!! I thought I would share a few here. I am sure they will sound familiar to some of the autism parents reading this:

I ended up putting little padlocks on the zippers of canvas lunch kit bags in the fridge/freezer to keep Ty from eating entire pizzas, 14 popsicles at once, etc. I color coded the keys to the said locks neatly with dots of different colors of nail polish so we could easily figure out which key fit which box, a system which Ty figured out fairly quickly. So we started keeping these keys (and all other keys) in a little safe box with a combination lock built onto it. This worked until we started getting lazy and just pushing the button shut on the box without scrambling the numbers. Ty realized this at some point and fairly quickly figured out the combination so we had to change it.

Also on the topic of keys, in order to get into our bedroom or the video game room, you need a key. These are ALSO kept in a combination box which he has ALSO figured out the combination to at times. If these rooms are not locked, Ty will go in and change how everything is connected, hook up unwanted speakers, and whenever possible, change the default languages on the equipment to Japanese or German or something. For several years, the printer in our bedroom was all in Japanese and we had to just look at the pictures if we wanted to use the copier or fax. He also once put my GPS in my car on German. His older brother used Google Translate to figure out how to get it back to English for me.

We struggled for the longest time with Ty refusing to keep his seatbelt on in the car. For awhile I resorted to using a police-style metal box that fit over the seatbelt locking mechanism. These are usually used with criminals to ensure that they don't get out of their seat and make a break for it. It could be unlocked with a key that looked like it was a pin from a hand grenade. One time, in a cold sweat when I could not find the hand grenade key, I discovered that any long skinny pointed object would work. (Don't tell this tip to any criminals you may know who need to be restrained in police cars).



Continued on Page 4

Member Spotlight continued...

I didn't really like this solution, because it would be hard to get him out quickly in the event of an accident, but obviously not wearing a seatbelt at all is ALSO a risk. As Ty got older and we were able to reason with him a little, we used his love of the white noise the fan in the car makes to persuade him to keep the seatbelt on. We usually ride with the fan on full blast to keep him happy, and to annoy everyone else present. The minute the seatbelt comes off, we turn the fan off. Problem solved. No more police lock.

One last helpful strategy is putting a foam visor on upside down when rinsing Ty's hair, because he is terrified of getting water in his eyes. As a toddler, cutting the feet off his footie one-piece sleepers and turning them around backwards like a fuzzy strait jacket so he could not take his diaper off overnight saved us many headaches and lots of laundry.

Many more strategies come to mind, too many to list here! If you are an autism parent, you will probably recognize some of these and I know you are thinking outside of the box, too!



Thursday, October 25, 2018
Brandermill Country Club



**Join Us for the
1st Annual ASCV
Golf Tournament!**

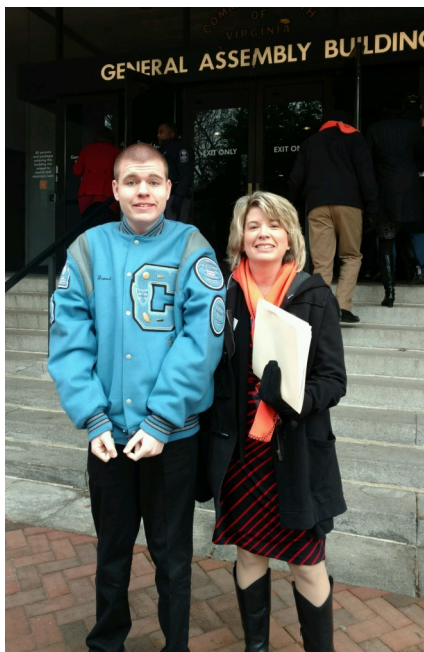
**Sponsorships Available
from \$250-\$2,500**

Become a sponsor or register a team today!
www.ascv.org/golf

Tournament Includes:

- 18 holes with Cart
- Boxed Lunch
- Sponsor Swag
- Contests & Prizes
- Dinner & Awards Reception

Autism Society Central Virginia - development@ascv.org - 804.257.0192



ASCV Staff Update from the Executive Director:

It is with sadness I share that Tammy Burns will be leaving her role as Program & Outreach Director with the ASCV. Tammy's passion for and dedication to the ASCV and the families we serve has been extraordinary. We have been blessed by her commitment in all the many capacities she has served over the years, from Board President, to captain for 5K team "Jogging for Jared," operations volunteer, Outreach Coordinator, and most recently Program & Outreach Director. Tammy has been instrumental in growing our ASCV programs and support services during her tenure. Staci Carr, ASCV Board President, shares: "Tammy's impact, insight, dedication, and thoughtfulness have changed the lives of many affected by autism."

"My years at the ASCV have been some of the best of my life. I will miss my job and the incredible families and people I have had the pleasure working with over the last 15+ years. I know how valuable the ASCV is to the local autism community, and it has been a privilege to be a part of this organization. Part of my heart will always reside with the ASCV." - Tammy

Tammy will still be seen around the ASCV, volunteering, presenting occasional workshops, and participating with her family as ASCV members. We hope that you will join us in wishing her all the best as she begins in her new role as Family Support Specialist for the Parent Educational Advocacy Training Center (PEATC). We know she will make such an incredible impact for the entire Commonwealth of Virginia in her new role!

-Ann Flippin



This September, the Autism Society Central VA will host or sponsor the following events. For information: 804-257-0192 or info@ascv.org.

- | | | |
|-------|---------|---|
| 10/01 | | Glass Blowing Class at The Glass Spot benefiting the ASCV; details & registration: https://www.richmondglassspot.com/online-booking |
| 10/05 | 7pm | Autism, Puberty and Sexuality: What You Need to Know and How to Teach It Workshop ; details & registration here: https://autismpubertywkshp.eventbrite.com |
| 10/05 | | Asperger's/HFA Teen Groups ; ASCV members check your email for Eventbrite invitation |
| 10/07 | | ASCV Pumpkin Patch Members Event |
| 10/09 | | ASCV Board Meeting |
| 10/13 | 12:30pm | Support Group for Parents of Children with ASD Ages 0-8 ; details & registration: https://octparentsupgrp.eventbrite.com |
| 10/14 | | Bowling outing for children/youth/adults with autism; free for ASCV members; check your email for Eventbrite invitation |
| 10/20 | 2pm | Sensory Friendly Movie at the Byrd Theatre, Carytown |
| 10/25 | | 1st Annual ASCV Golf Tournament at Brandermill Country Club ; details & registration here: https://ascv.org/golf/ |
| 10/27 | 10am | Inclusive Lego & Game Club – Downtown ; details and registration: https://octascvlego.eventbrite.com |
| 10/29 | 7pm | Adults with Asperger's/HFA Group |

**AUTISM
SOCIETY
CENTRAL
VIRGINIA**

**OCTOBER
CALENDAR**

Connect with the ASCV Through Social Media



FOLLOW US ON
Instagram





ABLEnow INFORMATIONAL WORKSHOP

Join us, on Monday, October 29, 2018 at 7pm at River Road United Methodist Church (8800 River Road, Richmond) to learn more about ABLEnow accounts and have your questions answered by an ABLEnow representative. This workshop will present information about eligibility requirements, qualified expenses, tax benefits and much more.

ABLEnow accounts are a new way for individuals with disabilities to save money and pay for qualified disability-related expenses. For the first time ever, that means tax-advantaged savings, usually without endangering eligibility for the means-tested benefit programs (i.e., SSI, SSDI, Medicaid Waivers) critical to the health and well-being of many with disabilities. Contributions to ABLE accounts can be made by anyone, from the account owner to family, friends, and loved ones – allowing more people to play a part in creating a better quality of life for individuals with disabilities. Registration is requested: <https://ablenowworkshop.eventbrite.com>



NOVEMBER WORKSHOP SERIES

The ASCV's November workshop, Transition to Adulthood with ASD: What Parents and Guardians Need to Know, is a six-hour workshop presented by Tammy Burns and Bradford Hulcher. It will be held over three Friday nights, on November 2, November 9 and November 16 from 6:30pm to 8:30pm at River Road United Methodist Church, 8800 River Road in Richmond. Participants must attend all three dates.

The training was developed by the VA Autism Council and is designed to provide an overview of important factors and topics to consider as individuals with ASD enter the adult world. Topics include: age of majority; disability benefits and planning; post secondary readiness, education, and training; employment; housing and residential supports; and life in the community.

Focus will be placed on: parents/guardians understanding eligibility vs. entitlement in the adult service system; planning to protect benefits; agencies and organizations that provide supports to adults with ASD; and the variety of options to consider in planning.

Participants in this workshop should have a basic understanding of Autism Spectrum Disorders. The information is appropriate for anyone interested in learning more about the factors to consider as the individual with ASD transitions to adulthood. Registration requested: <https://transitionwkshp.eventbrite.com>



HALLOWEEN TIPS FROM THE AUTISM SOCIETY OF AMERICA

Halloween can be a wonderful and exciting event, but the lack of routine and hidden faces may be among the stressors that make Halloween less fun for our loved ones on the autism spectrum. With the spooky night creeping up on us, we have compiled a few tips and tricks which you can use to help make Halloween fun for the whole family!

One of the most important aspects of the lives of most children with autism is a common schedule. Knowing when small things like brushing your teeth or getting in bed are going to happen can make life a lot easier for someone with autism. Even though it is Halloween, it's good to try to stick to your normal schedule when you can. Weave your Halloween activities into that schedule, not the other way around.

The part of having a schedule that makes it so important is order and planning. People with autism tend to find solace in a plan or routine, thus making your Halloween plans in advance can be very helpful! Some important parts of the plan might be: Where will you go? When will you go there? What houses will you stop at? Who will go with you? When will you be home? What will you wear?

Costumes can be one of the trickiest aspects of Halloween, as an uncomfortable costume could ruin your whole night. Be sure to try to find a costume that fits like your child's normal clothing, and be sure to have your child try on their costume a few different times before Halloween, so they can get used to how it feels.

If Halloween is a bit overwhelming for your child, it might be good to find an alternative to trick-or-treating. Consider throwing a Halloween party at your house, then you and your child can work together to plan decorations, food, and guests; nothing is a surprise and you still get to enjoy your Halloween!

Whether you are going out or staying in, it is important to maintain some normalcy. Consider choosing a room of the house to keep entirely normal: no decorations, changes, spooky music, etc. That way there is always somewhere calm and normal that you and your child can go to calm down if they are overwhelmed by the other festivities.

Lastly, keeping earplugs or ear protectors on hand can always be helpful, Halloween or otherwise, in case your child is overwhelmed by unexpected sounds.

OCTOBER COMMUNITY OPPORTUNITIES

(Dates provided as published by sponsoring organizations; contact organizations for confirmation)

- 10/01 **Sensory Story Time** at Glen Allen Library; for more information visit: <https://tinyurl.com/y7zlqgkr>
- 10/01 **Sky Zone Special Needs Sensory Friendly Night** 5pm-6pm; for more information call 804-379-2500 or visit <http://www.skyzone.com/richmond>
- 10/01 **Hanover SEAC Meeting** at 6:30pm; Hanover School Board Office, 200 Berkley St.; for more information, call 804-365-4596
- 10/02 **Jumpology Special Needs Night** 5pm-7pm; <http://www.jumpology.us/Pricing-Hours> for more information
- 10/02, 10/06 **Sensory Story Time** at Varina Area Library; for more information: <https://tinyurl.com/y7zlqgkr>
- 10/05 **Special Night for Special Needs at the Children's Museum– Chesterfield** at 5:30pm; for more information: <http://www.c-mor.org/full-menu/calendar/>
- 10/06 **VCU ACE-IT Fall Open House**; for more information: [#InclusivePSE](https://buff.ly/2LbYgjK)
- 10/06 **VA Repertory Theatre Sensory Friendly performance of "The Curious Incident of the Dog in the Night-time for families**; November Theatre; 2pm; see flyer on page 15 for more information
- 10/07 **Chuck E. Cheese's Sensory Sensitive Sunday** 9am-11am; 10430 Midlothian Turnpike, 23235; for more information contact 804-330-9865
- 10/07 **Richmond Asperger's and Neurodiversity Information and Support; Women's 18+ Camaraderie Meetup and Social**; 1-3pm at Publix, 7045 Forest Hill Ave., Richmond; for more information: <https://www.facebook.com/events/1961590007220759/>
- 10/23 **Henrico SEAC Meeting** at 6:30pm; Brookland Middle School, 9200 Lydell Drive; for more information, call 804-652-3866
- 10/24 **Caminos Group** support group for Latino families with autism; meets at the Sacred Heart Center, 1400 Perry Street, Richmond, 23224 from 10am-12pm; RSVP at 804-646-0145
- 10/27 **Richmond Symphony Halloween Spooktacular** at Carpenter Theatre at 11am; for more information: <https://tinyurl.com/ybpzk3xu>
- 10/27, 10/28 **VA Comicon** at Richmond Raceway; stop by the ASCV Booth
- 10/29 **Minds of All Kinds** free sensory friendly evening at the Science Museum of Virginia, 4-8pm; registration required: <https://2274.blackbaudhosting.com/2274/Minds-of-All-Kinds-29Oct2018>

WORKSHOPS & CONFERENCES

- 10/10 **Special & Supplemental Needs Trusts Seminar**; at Salisbury Country Club, 13620 W. Salisbury Rd., Midlothian; 6:30-7:30pm; for more information email rsvp@vamllc.com
- 10/10 **Employment 1st Family Listening Sessions** at Amelia Library, 16351 Dunn Rd, Amelia Courthouse; 1:30pm & 5:30 pm; for more information: <https://tinyurl.com/ya3ry3eh>
- 10/11 **Employment 1st Family Listening Session** at Libby Mill Henrico Library, 2100 Libbie Lake E St, Richmond; 10am; for more information: <https://tinyurl.com/ya3ry3eh>
- 10/11 **Employment 1st Family Listening Session** at Glen Allen High School, 10700 Staples Mill Rd, Glen Allen; 6pm; for more information: <https://tinyurl.com/ya3ry3eh>
- 10/13 **Autism: Putting the Pieces Together Across a Lifespan Conference** at Grace Church, 1141 Heatherstone Dr., Fredericksburg; for more information contact Kim Lett at 540-373-2559 or klett@cildrc.org
- 10/17 **Medical Home Plus Free Parent Workshop on IEPs** at Hope Church; 6:45-8pm; for more information: <https://tinyurl.com/ybv64kw3>
-

ASCV WELCOMES AMBER GARCIA!



The Autism Society Central VA welcomes Amber Garcia as the new Development Manager. Amber received a BS in Applied Ecology and Management from Cornell University and is working towards a Masters in Nonprofit Studies at the University of Richmond School of Professional and Continuing Studies. She worked at the Richmond SPCA for the last 5 years, coordinating transfers and cultivating shelter partners as the Lead Admissions Counselor.

Amber grew up in North Chesterfield, and is happy to call Richmond home. In her free time, Amber enjoys exploring RVA with her rescue pup Cookie, volunteering with several young nonprofit professional organizations, and maintaining her reign as her niece and nephews' Coolest Aunt.

"Amber has jumped right into her role! She brings a lot of talent, ideas & enthusiasm to the ASCV team. We are excited for the impact she will make for our mission, in growing our fundraising & development initiatives to the next level." -Ann Flippin, Executive Director.

CARRYING OUT THE ASCV MISSION

In September the Autism Society Central Virginia worked to fulfill our mission to "improve the lives of all affected by autism" in the following ways:

Education

- Assisted the VA Repertory Theatre with sensory friendly performances

Services and Supports

- Sponsored Sensory Friendly Movies in collaboration with the Byrd Theatre
- Sponsored Support Group for Parents of Young Children with ASD
- Sponsored Adults with Asperger's/HFA Interest Group
- Sponsored Parents of Adults with ASD Support Group
- Sponsored Inclusive Lego and Game Club
- Sponsored bowling outing for children, youth, and adults with ASD

Awareness

- Partnered with VA Repertory Theatre to present "The Curious Incident of the Dog in the Night-Time"
- Exhibited at the 6th Annual Autism Poker Run by the Sons of Dominion Motorcycle Club



**DON'T MISS OUT ON THIS
IMPORTANT INFORMATION
FOR INDIVIDUALS
ON THE WAIVER WAITLIST**

The Individual and Family Support Program (IFSP) has announced its timeline for the 2019 IFSP cycle. IFSP funding provides cash assistance for services, supports, and items for individuals with a developmental disability while they are on the waiver waitlist.

All application information will be posted on the IFSP website at <http://dbhds.virginia.gov/developmental-services/ifsp>

The 2019 application submission date is October 10th beginning at 9am. Applications can be accessed at the above dbhds website link and saved as a draft beginning September 10th.

See the flyer on page 14 for more information Medicaid Waivers.

Thank You to the Following Donors

All donations stay in the Central Virginia area to support individuals and families affected by autism.

Amrinder Singh
Eric Schmude
Mamie Mayo
Patricia Lange
Positive Vibe Foundation
Lisa McAlexander
Staci Carr
Rebecca Taylor
Donald Cummings
Lindsay Kozachuk

Irene Campbell
David Connolly
Larry Scarborough
Cheryl Favale
Wilhelm Gabber
Lisa Keene
Kimberly Hughes
Jeffrey Burchett
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Joseph Piwowarski

Craig Radcliff
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Paul & Laraine Warner
Boomer Muth
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Morgan Scudder
Kaustav Rajesh
Jennifer Harrison
William McDonald
Brie King

Nuvi Abdussalaam
Andrew Goetzinger
Nikhil Patel
Shariff Osorio
Christian DePaz
B. Jabril Cartier

Bradford Hulcher
Ben Creasey
Maryah Creasey
Courtney Harrison
Cindy Tho
Ellen Tran
Raven Witherspoon

We would love to add your name to this list. We are always looking for individuals, 18 and older, who would like to get involved. Contact us at outreach@ascv.org to find out how you can volunteer for the ASCV, too!



Individual and Family Support Program (IFSP) Funding Update

August 2018

What is IFSP-Funding?

The Individual and Family Support Program (IFSP) Funding provides cash assistance for services, supports, and items for individuals with a developmental disability that enhances or improves their quality of life and promotes independence and community-based living.

Who can apply?

Individuals with a developmental disability or their family member and who are on the DD Waitlist.

For more information about the waiver waitlist, please visit or contact your local community services board (CSB).

Important Dates FY 2019 Funding

August 13, 2018- Funding Announcement Release

September 10, 2018- First day to save a draft

October 10, 2018- First day to submit an application

November 8, 2018- Last day to submit an application

Where can I get more information?

The IFSP Funding Program website is your go to source for updates and changes to IFSP Funding.

SAVE THE DATE

IFSP Funding Application submission opens **October 10, 2018.**

We are excited to bring you this update about FY 2019 Individual and Family Support Program (IFSP) Funding. Please remember: All application information will be posted on the IFSP website at <http://www.dbhds.virginia.gov/individuals-and-families/developmental-disabilities/community-support-services>.

Just like last year, all applications must be submitted on-line using the IFSP Application web portal located at <https://ifsponline.dbhds.virginia.gov>.

FY 2019 IFSP Funding Timeline

- DBHDS will release information about the FY 2019 IFSP Funding on the DBHDS website on **August 13, 2018**. If you would to receive email updates when new information is released, please sign up for email alerts at <https://tinyurl.com/IFSPlistserv>.
- **September 10, 2018** is the first day to save an application draft. You will be able to review the application, fill in your information, and save a draft copy. If you need to make changes, you will be able to correct or edit your information. **You will not be able to submit your application before the submission date.**
- On **October 10, 2018 at 9:00 am**, applicants will be able to submit a completed application. **You will not be able to submit your application before the submission date.** Remember, the IFSP Funding Program provides assistance on a first-come- first-served basis. Early applications are encouraged.

November 8, 2018 is the last day to submit a FY 2019 IFSP Funding Application.

FY 2019 On-line Application

The FY 2019 IFSP will be an on-line web application. IFSP staff will be available to help anyone who needs assistance with navigating the on-line application. We will also post on-line tutorials and offer community trainings to help you get used to the new system. To find out when we a training will be held in your community, please sign-up for our email list.

What you will need to apply for FY 2019 Funds

- ✓ **Access to a computer or mobile device with an internet browser.** FY 2019 applications will be submitted on-line and you can complete an application using a computer, a smartphone, or a tablet.
- ✓ You will need a **valid email address** since all information about your application will be sent by email. For previous applicants, you may complete your FY 2019 application by logging in with your previously provided email address. If you need to use a new email address, please register with the new email address.
- ✓ Please make sure you have an **accurate social security number** and **date of birth** for both the applicant and the responsible party. You will need to provide the social security number of the individual who is on the DD Waiver Waitlist, so please verify that you have the correct information.



Fifteen-year-old Christopher is on the autism spectrum; he is exceptionally intelligent but ill-equipped to interpret everyday life. When he's suspected of killing the neighbor's dog, he sets out to identify the true culprit, which leads to an earth-shattering discovery and a journey that will change his life forever. Based on the best-selling book by Mark Haddon.

TWO SENSORY FRIENDLY PERFORMANCES!

FRI, SEP 28, 10:30am
For schools

SAT, OCT 6, 2:00pm
For families

Virginia Rep's Children's Theatre is proud to offer sensory friendly performances specifically for children with autism and other sensory or social disabilities. During these select performances, changes will be made in lighting, sound, seating arrangements, and length of performance to create a more welcoming environment for this audience.

These performances are **free of charge** and available by special reservation. Please call the Box Office at **804-282-2620**.

COMMUNITY SPONSOR: **Autism Society Central Virginia**

CALL OR GO TO WEBSITE FOR TICKETS TO REGULAR PERFORMANCES

November Theatre 114 West Broad Street, Downtown RVA

VIRGINIA REPERTORY THEATRE | 804-282-2620 | VIRGINIAREP.ORG

SAVE THE DATE!

ASCV Members' Annual Holiday Party
Sunday, December 2nd, 2:00pm-5:00pm
@ Science Museum of Virginia

Members will be able to enjoy the Science Museum, light refreshments, holiday music, and Santa will even pay us a visit!



Would you like to place an Ad in “Into The Light”? Our newsletter reaches over 700+ families, professionals and educators on a monthly basis and is archived on our website. If you would like to place an advertisement, please email it to info@ascv.org or mail it to us at 200 South 3rd Street, Richmond, VA 23219. Deadline for entry and payment is the 15th of the month.

**Ad Rates: \$50.00 1/4 page (\$45 nonprofit)
 \$75.00 1/2 page (\$68 nonprofit)
 \$100 full page (\$90 nonprofit)
 Long term ad discounts: 6-11 months 10% discount,
 12 months or longer 15% discount.**

The ASCV Board reserves the right to refuse to place an advertisement.



MEMBERSHIP FORM

Join with hundreds of individuals with autism, their families and other caring individuals; become a part of a larger community - the Autism Society Central Virginia. We can't be heard alone, but with more voices joining daily, that small voice can become a roar. We invite you to become a part of a community of hope.

Membership in the Autism Society Central Virginia provides the following benefits:

- Free monthly bowling outings for children, youth, or adults with ASD
- Discounted workshops and conferences
- Free ASCV sponsored social/recreational activities including our annual family fun day, holiday party, and much more
- Free childcare at ASCV monthly program meetings

Membership Levels:

___ \$5 ~ Self-Advocate (Adult w/ ASD) ___ \$25 ~ Household ___ \$1500 ~ Lifetime

Name(s): _____

Address: _____ Phone # _____

City: _____ State: _____ Zip: _____

E-mail address: _____

(By providing your e-mail, you will receive our weekly e-mail and our monthly newsletter; your e-mail will always be kept confidential)

Additional Donation:

___ \$25 ___ \$50 ___ \$100 _____ please specify amount

Payment information:

___ Check (made payable to **Autism Society Central Virginia**) ___ Visa ___ Mastercard

Name on card: _____ Expiration: _____

Card #: _____

CVV# (security code on back of card) _____ **or join online at www.ascv.org**

Signature: _____

Which free gift may we send you: ☐ car magnet ☐ refrigerator magnet ☐ no gift needed

New Members, how did you hear about the ASCV? ☐ family ☐ friend ☐ internet ☐ other _____

Please mail, email, or fax with payment to:

Autism Society Central Virginia
200 South 3rd Street
Richmond, VA 23219
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