

WE ARE BACK AND WE WANT YOUR SUPPORT!

Team You, Me and D is back for our eighth year of participating in the Autism Society of Central Virginia 5K! Last year our awesome son Daanish turned 18, and we went through the process of guardianship and obtaining benefits for him, all of which were made possible by availing the fantastic seminars and trainings that the Autism Society of Central Virginia has provided the past several years.

Throughout the process, through the zillion questions we had along the way, the ASCVA and their staff were there to answer our questions and help us through this challenging transition to autism adulthood.

It is for this reason and so many more over the past decade that we come out for the ASCVA year after year. They have been there for our family in more ways than I can count. Please join me in giving back to this wonderful organization to help support them in the myriad of ways they support autism families and individuals with autism in Central Virginia. Your contribution will make an impact, whether you donate \$5 or \$500. Every little bit helps. Thank you for your support!

For over 30 years, the ASCV has served as the region's premier source of education, advocacy, services and support for individuals with autism, their families and friends, and professionals. As the local voice and resource of the autism community, the ASCV is committed to meaningful participation and self-determination in all aspects of life for individuals on the autism spectrum and their families.

By contributing to my team's fundraising efforts, you are supporting the ASCV's mission to improve the lives of all affected by autism by maximizing the self-sufficiency, independence, and quality of life for all living with autism. Thank you!

Please help the ASCVA help families like ours.

Sincerely, the Ali Family - Dilshad, Taruj, Daanish, Amal and Hamza