



Navigating Post-High School Planning: Personal Stories & Lessons Learned

Panel Presentation



Meet your Facilitator: Tommy Murphy (College Steps)

College Steps is a hosted service that partners with college and university campuses to provide support to students living with learning, social, or communication challenges. As Program Manager, Tommy Murphy oversees the team, services, and programming.



Our Panelists

- Benden Oakes
- Alex Thurman
- Hannah Lane
- Ben Blankenship
- Elena Bellinger

Introduce yourself.

Where are you from?

What college/program are you connected
with?

What are you excited about sharing today?

When selecting a college, what key factors did you consider?

How did you ensure the college was a good fit for your needs?

What practical tips do you have for navigating college life, especially for students with disabilities?

Are there any specific resources or strategies that were particularly helpful for you?

What challenges have you faced as a student with a disability, and how have you overcome them?

Are there any support systems or people who have significantly impacted your college experience?

How do you manage your coursework
and other responsibilities?

Do you have any advice on balancing
academics with personal life and self-
care?

What has been the most rewarding part
of your journey?

Is there anything you wish you had known
before you started college?

Any general advice for coming to college?